## Who to Contact If I Need Help?

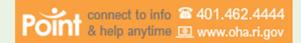
**Tri-County Senior Services** 

Northern Office: 349-5760

South County Office: 789-3016



**Need Help in Other Languages?** 



The Rhode Island State Health Insurance Assistance Program (SHIP) is part of a national partnership to help consumers make informed health care choices.

**SHIP** Counselors provide one-to-one, **unbiased** counseling to seniors, adults with disabilities, families, and caregivers. The program is designed to help seniors and adults with disabilities understand health care cost and coverage.

SHIP counselors can discuss
Medicare, Medicare Part D,
supplemental insurance,
Medicare Advantage plans, and other
health insurance options. SHIP
counselors assist beneficiaries in
making the most appropriate choice
for their health care needs.

Volunteer opportunities available.

This project was supported, in part by grant number 1701RIMISH-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking project with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy

# A Savings Guide for **Medicare** Beneficiaries



What programs are available?

How do I apply?

Who do I call If I Need Help?



### Programs that are available that may help you save on Medicare

If you are a Medicare beneficiary, you may qualify for programs that **could save you up to \$175 per month!** 

Beneficiaries must meet the income and asset guidelines. See if you qualify.

1. The Extra Help Program for Medicare Part D costs

The Extra Help program reduces costs for; premiums, deductibles, some copay costs, donut hole/coverage gap

Monthly Gross Income Assets less than:

Less than:

Single Person \$1,630 \$14,790

Couple \$2,198 \$29,520 As of 2/26/2021

2. The Medicare Premium Payment Program (MPP)

If you qualify, the MPP may cover; Part A premium, Medicare Part B premium and possibly some other costs.

Monthly Gross Income Less Assets less than:

than:

Single Person \$1,469 \$7,970

Couple \$1,960 \$11,960 As of 2/26/2021

Applying is easy! Contact your local POINT Network Partner for assistance at:

#### **Staying Healthy!**

If you have Medicare Part B, take advantage of some of Medicare's **preventive benefits** at no out of pocket costs to you. Here are just some of the preventive services

Medicare offers:

Annual Wellness Visit

**Bone Mass Measurement** 

Breast cancer screening

Cardiovascular screening

Colorectal cancer screening

Diabetes screening

Flu and pneumonia shots

Glaucoma tests

Prostate cancer screenings

And many more

Speak with you Doctor to find out more!

#### **Other Prescription Assistance Programs:**

Patient Assistance Programs (PAPs)

Pharmaceutical Assistance Programs that provide discounts on certain drugs

Visit: Rx Assist or Needy Meds

www.rxassist.org or www.needymeds.org/