RHODE ISLAND OFFICE OF
HealthyAging

RHODE ISLAND GUIDE TO SERVICES FOR OLDER ADULTS, ADULTS WITH DISABILITIES, AND CAREGIVERS

POCKET MANUAL

2026-2027

Welcome to the 2027 Rhode Island Guide to Services for Older Adults and Adults with Disabilities

Older adults and people with disabilities are an essential part of the life of our state: contributing to our families, neighborhoods, workplaces, and communities.

At the Rhode Island Office of Healthy Aging (OHA), we believe aging well begins with having choices, connections, and the right support at the right time. Our role is to help older adults, adults with disabilities, families, and caregivers find information and services that make it possible to live safely, independently, and with purpose.

That might mean finding help at home, understanding health care or benefits, getting where you need to go, staying connected to your community, supporting someone you care for, or simply knowing where to begin.

Inside this guide you'll find trusted programs, services, and contacts from across Rhode Island's aging and disability network. You do not need to know which agency to call or how the system works before reaching out. Start with what you need. The network and OHA can help you find the way forward.

The Office of Healthy Aging (OHA) is responsible for the development of community-based services and programs that encourage independence and preserve the dignity of older Rhode Islanders (age 55+),adults living with disabilities, and their caregivers.

Main Telephone Number:	401-462-3000
Rhode Island Relay (TTY):	711
Administration:	401-462-0501
Adult Protective Services:	401-462-0555
Health Insurance Counseling:	1-888-884-8721
At Home Supports:	401-462-4444
Media & Communications:	401-462-0526
Volunteer Guardianship Program:	401 -462-3293

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Twitter: www.twitter.com/HealthyAgingRI
Facebook: www.facebook.com/HealthyAgingRI

Visit us at: www.oha.ri.gov

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ADRC

The ADRC is Rhode Island's Aging and Disability Resource Center (ADRC)

The ADRC offers free and unbiased person-centered counseling, information, referral, and application assistance for public and private programs in your community. You can call the ADRC to talk with a specialist to learn about Long Term Care options, Medicare information, and enrollment, access to public assistance programs like Medicaid, SNAP, Heating and Utility Assistance, and other resources based on your needs and preferences regardless of income.

Call 401-462-4444 or 711 relay anytime.

Or visit the ADRC office during business hours at its United Way of RI headquarters: 50 Valley Street, Providence, RI 02909

Other sources for information and referrals include:

The Aldersbridge Health Navigator is a professional education and referral resource for the community. They work with providers, including doctors, hospitals, nursing homes, human service agencies, and others to make sure seniors get the medical, healthcare, and community-based services needed, as efficiently and inexpensively as possible.

Administrative Offices:

40 Irving Ave. East Providence, RI 02914

401-654-4006 | www.health-navigator.org

The Eldercare Locator is a nationwide public service connecting you to services for older adults and their families. Information is available in 150 languages.
800-677-1116 | www.eldercare.gov

The George Wiley Center is a statewide group actively committed to local community organizing to create social and economic justice through changes in public policy. Specifically, they work on issues such as hunger, utility shut offs, and jobs. They are concerned with issues related to children, families, seniors, and adults with disabilities.
32 East Avenue, Pawtucket, RI 02860
401-728-5555 | www.georgewileycenter.org

Rhode Island Elder Info (RI Elder Info) supports informed decision-making and independence by providing one-stop access to comprehensive, expert-curated, multilingual Federal, State, and local information and resources for older adults, caregivers, and professionals. They offer community education, professional training, and resource fairs, with a focus on underserved populations.
10 Davol Square, Providence, RI 02903
4**01-585-0509 |** www.rielderinfo.com

Rhode Island Office of Healthy Aging (OHA) is the designated state unit on aging; they support Rhode Islanders (age 55+) and adults living with disabilities. OHA can connect you to information and resources in your community. OHA advocates for laws, policies and investments that protect the rights and agency of aging Rhode Islanders.
25 Howard Avenue, Cranston, RI 02920
401-270-0101 | www.oha.ri.gov

Rhode Island Parent Information Network (RIPIN) provides information, support, and training to empower parents, families, individuals, and family-serving professionals to become effective advocates for themselves and the people in their care. **300 Jefferson Blvd Suite 300, Warwick, RI 02888**
401-270-0101 | www.ripin.org

United Way of Rhode Island/211 is a statewide free, confidential service agency connecting you with resources wide-ranging resources.
Dial: 2-1-1 | www.unitedwayri.org

ARTS ENGAGEMENT

Hattie Ide Chaffee Home Neighborhood Without Walls RI older adults are invited to weekly arts workshops to foster social networks, enhance collaboration, and increase community cultural engagement. The benefits of these workshops will prove to be multifold- to address the physical, cognitive, and social/cultural/emotional aspects of older adults aging in place, while promoting a strong sense of community and belonging, and enhancing morale and confidence.

The program helps the participants celebrate and share traditions that connect neighbors and communities and engage in volunteerism and arts and cultural activities.
It also serves undergraduate college students and medical students from Brown University, who volunteer in workshops and provide the intergenerational component that is key to making the workshops so impactful.
401-434-1520 | www.hattieidechaffee.org

RECOVERY RESOURCES

Alcoholics Anonymous
401-438-8860 | www.rhodeisland-aa.org

Anchor Recovery Community Center provides a safe place for people to share their journey of recovery from addiction. Anchor also sponsors a Telephone Recovery Support Program.

Anchor Recovery offices are located at:
310 Reservoir Avenue, Providence, RI 02907
401-889-5570 | www.anchorrecovery.org

890 Centerville Road, Warwick, RI 02886
401-615-9945 | www.anchorrecovery.org

CODAC provides treatment, recovery and prevention services for persons struggling with substance abuse, gambling disorders, or other behavioral healthcare issues. With locations in Providence, Newport, South County, East Bay, Cranston, and Pawtucket.
401-275-5039 | www.codacinc.org

BH Link provides immediate, innovative crisis intervention services, connecting you to ongoing treatment and care.
975 Waterman Avenue, East Providence, RI 02914
401-414-5456 | www.bhlink.org

Rhode Island Department of Behavioral Health Care, Developmental Disabilities and Hospitals (BHDDH)
14 Harrington Road, Cranston, RI 02920
401-462-3421| http://www.bhddh.ri.gov

Rhode Island Department of Health (RIDOH)
3 Capitol Hill, Providence, RI 02908
401-222-5960 | www.health.ri.gov

RI Buprenorphine Hotline
401-606-5456

Gamblers Anonymous855-222-5542
RI Hotline 213-386-8789 | www.gamblersanonymous.org

Problem Gambling Services
401-449-2472 | www.problemgamblingservices.com

Rhode Island Council on Problem Gambling
401-354-2877 | www.ricpg.com

National Problem Gambling Helpline
1-800-522-4700 | www.ncpgambling.org/chat

Narcotics Anonymous
818-773-9999 | www.na.org

Narcotics Anonymous Greater Providence Area
818-773-9999 | www.gpana.org

Rhode Island Nicotine Helpline
800-784-8669 | www.riprc.org

Rhode Island Recovery Support Phone Line connects Rhode Islanders with treatment and recovery support at any time, day or night, 365 days a year.
401-942-STOP (7867) | www.preventoverdoseri.org

Project Weber/RENEW provides peer-led harm reduction and recovery support services which include case management, support groups, trans support service and more to build relationships and fight for systemic change in a loving space free from judgement empowering individuals to make healthier and safer choices.
401-383-4888 | www.weberrenew.org

ADULT DAY HEALTH SERVICES

Licensed adult day health centers provide a comprehensive, non-residential program designed to address the health, safety and psychological needs of adults through individual plans of care that may include a provision of medication administration, health monitoring and oversight, personal care, maintenance therapies and care coordination.

For a complete listing of Adult Day Health Centers, please call the Rhode Island Department of Health at: 401-222-5960.

Listing of licensed Adult Day Health Centers can also be found at: www.health.ri.gov/lists/licensees/

Elmwood Adult Day Health Care Centers, Inc., are dedicated to promoting a high quality of life for our participants and providing support for their families. We provide nursing services, activities, such as Dance, exercise programs, art and educational classes. in addition, we also provide nutrition, social services and manage transportation.
20 Miner St. Providence, RI 02905 | 401-461-6060
https://eadhc.com/

ADULT PROTECTIVE SERVICES

The Office of Healthy Aging (OHA) Adult Protective Services (APS) Unit is responsible for receiving and investigating reports of abuse, neglect, exploitation, and self-neglect of Rhode Islanders 60 and older by a family member, caregiver, or person with duty of care.

RI law requires any person who has reasonable cause to believe that an older person has been abused, neglected, exploited or is self-neglecting, to make an immediate report to OHA. Failure to report can result in a fine of up to $1,000.

Adult Protective Service reports can be filed 24 hours a day, seven days a week, including holidays by calling 401-462-0555 or on our website at: www.oha.ri.gov

The OHA APS Unit coordinates protective services with case management agencies who can provide assessment and care-planning, when needed or requested. Under Rhode Island law (R.I.G.L 42-66-10), OHA records pertaining to a person reported to be abused, neglected, exploited, or self-neglecting, are confidential and are not deemed public records.

Rhode Island Office of the Attorney General/Elder Abuse Unit investigates and prosecutes crimes committed against persons 60 and older.
150 South Main Street, Providence, RI 02903
401-274-4400 | www.riag.ri.gov

Rhode Island Coalition Against Domestic Violence works to eliminate domestic violence in Rhode Island.
22 Post Road, Suite 102, Warwick, RI 02888
Helpline:1-800-494-8100 | www.ricadv.org

Rhode Island Bar Association
401-421-5740 | www.ribar.com

Elizabeth Buffum Chace Center serves individuals and families affected by domestic violence and sexual assault.
24 Hour Hotline:1-800-494-8100 | www.ebccenter.org

Rhode Island Legal Services, Elder Protection Project helps older adults facing physical and mental abuse, abandonment, neglect and financial exploitation.
401-274-2652 | www.rils.org

Sojourner House serves victims and survivors of domestic abuse, sexual violence, and human trafficking. They offer wraparound services such as support groups, emergency shelter, transitional and permanent housing, sexual health advocacy, and emotional support.
386 Smith Street, Providence, RI 02908
401-861-6191 | www.sojournerri.org

Rhode Island Coalition for Elder Justice is a partnership among victim service agencies, senior service agencies, community groups, advocacy groups, law enforcement, and state and federal agencies.

Report Elder Abuse 401-462-0555

Learn about services: www.rielderjustice.org/

ADVOCACY

AARP-Rhode Island is a non- profit, non-partisan organization for persons 50 and older. AARP lobbies on behalf of the 50+ population at both the state and federal levels of government for programs and services that enhance their lives.

866-542-8170 | www.aarp.org/RI

Age-Friendly RI (AFRI) is a non- profit coalition of stakeholders dedicated to meeting the needs and preferences of Rhode Islanders as they age. Its mission is to ensure the best quality of life for older adults to help them stay healthy, active, and engaged in their communities.

Rhode Island College, Alger Hall, Rm 226, 600 Mt Pleasant Avenue, Providence, RI 02908

401-456-2781| www.agefriendlyri.org

Alliance for Better Long-Term Care works to resolve problems related to the health, safety, welfare, and rights of individuals who live in Long-Term Care facilities, such as nursing homes, board and care, assisted living facilities, and other residential care communities.

The RI Long-term Care Ombudsman programs promote policies and consumer protections to improve long-term services and supports at the facility, local, state, and national levels. All reports of abuse and neglect are confidential.
422 Post Road, Warwick, RI 02888
401-785-3340 | www.alliancebltc.org

Disability Rights Rhode Island assist Rhode Islanders with differing abilities in their efforts to achieve full inclusion in society and to their civil and human rights through legal advocacy.
33 Broad Street, Suite 601, Providence, RI 02903
401-831-3150 | www.drri.org

Paul V. Sherlock Center on Disabilities at Rhode Island College partners with State and national agencies, education and community providers to offer interdisciplinary pre-service and community education, technical assistance, service, research and information to promote membership of individuals with disabilities in school, work and the community.
401-456-8072 | www.ric.edu/sherlockcenter
RI Relay: 711 or (800) 745-6575
Spanish via RI Relay: 711 or (866) 355-9241

Parents, Families and Friends of Lesbians and Gay (PFLAG) is a support organization that helps parents of gays and lesbians to understand and accept their children. The Greater Providence Chapter
meets monthly.
401-307-1802 | www.pflagprovidence.org

Pride in Aging RI (formerly SAGE- RI) is an all-volunteer non-profit organization founded in 1975 that is dedicated to helping LGBTQ+ seniors achieve a high quality of life through education, advocacy, social activities and services.
info@prideinagingri.org or www.prideinagingri.org

Services & Advocacy for LGBT Elders (SAGE/USA), promotes, empowers, and contributes to the quality of life for its constituents through service, advocacy, and education.

SAGE National Headquarters
305 7th Avenue 15th Floor New York, NY 10001
212-741-2247 | www.sageusa.org

Senior Agenda Coalition of Rhode Island is a diverse group of activists and organizations that educate the community to improve the quality of life for older Rhode Islanders, focusing on issues, legislation, and policies of public and private institutions that affect RI seniors.
70 Bath Street, Providence, RI 02908
401-440-4165 | www.senioragendari.org

ALZHEIMER'S DISEASE

More than 25,000 Rhode Island residents are living with Alzheimer's disease and other related dementia. Alzheimer's robs the individual of memory, basic functions, and ultimately life. Alzheimer's disease also takes a toll on family caregivers as they deal with the consequences of dementia, in terms of lost or less productive work time, damage to their physical and emotional health, a threat to their financial security, and constant stress.

The Long-Term Care Coordinating Council has developed a State Plan for Alzheimer's disease and related disorders.
The plan is available at: www.ltgov.ri.gov

Alzheimer's Association, Rhode Island Chapter is a non-profit organization whose mission is to coordinate resources for caregivers, educate health professionals and the public, and advocate for improved public policy.
245 Waterman Avenue, Providence, RI 02906
401-421-0008 | www.alz.org/ri
1-800-272-3900 24 Hour/7 Day Helpline

Alzheimer's Disease and Memory Disorders Center at Rhode Island Hospital offers a full range of diagnostic and treatment services, including brain imaging, genetic testing, and neuropsychological evaluation.
401-444-3500 | https://www.brownhealth.org/

Memory & Aging Program (MAP) is a worldwide leader in Alzheimer's disease research. MAP has a 20+ year history in clinical care, training, and cutting-edge research aimed at developing new and better ways to detect, treat, and someday even prevent Alzheimer's disease.
345 Blackstone Boulevard, 1st Floor Weld Building, Providence, RI 02906
401-455-6402 | www.butler.org/memory

OHA Volunteer Guardianship Program (VGP) works with the probate courts to match people aged 60 years or older and living in care facilities to volunteer guardians. Those in need of a volunteer guardian are individuals who have certain cognitive conditions and a need for an alternate decision maker.
401-462-3293 | www.oha.ri.gov/what-we-do/protect/volunteers

CAREGIVER SUPPORT PROGRAMS

Caregiver Action Network (CAN) is a national organization that works to improve the quality of life for the more than 90 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age. They provide free education, peer support, and resources to family caregivers across the country.

Caregiver Help Desk:
855-227-3640 | www.caregiveraction.org

CareBreaks Respite Program assists caregivers taking care of family members. Services are coordinated through qualified home healthcare providers, adult day centers, assisted living and nursing home facilities. Volunteer nursing students may also provide respites services. CareBreaks may also help to pay part of the cost for respite provided by approved agencies.
401-421-7833 | www.dioceseofprovidence.org/elder-services

Powerful Tools for Caregivers is an evidence-based self-care education program for family caregivers that provides tools and strategies to better handle unique caregiver challenges. This program is free of charge and offered virtually.
401-278-2502 | www.dioceseofprovidence.org/elder-services

Family Caregivers Alliance of Rhode Island advocates and provides resources, community, and connection to support groups that meet the needs of caregivers who are providing long-term, in-home care for family and friends, including children and youth with special needs, adults with disabilities and seniors.
401-462-4444 | www.fcari.org

URI Group Respite Program provides free professional care in a group setting for children with special needs giving parents a chance to take a break from caregiving duties. The program takes place every Saturday 12:00 - 4:00pm in the department of Physical Therapy Facilities in Independence Sq at the Kingston Campus.
401-874-5347 | Email: cmcgrane@uri.edu

National Alliance for Caregiving is a non-profit coalition of national organizations who share a vision of a society that values, supports, and empowers family caregivers to thrive at home, work, and in life. Its mission is to build partnerships in research, advocacy, and innovation to make life better for family caregivers.
202-918-1013 | www.caregiving.org

Raising Hope Home Care provides non-medical home care services to seniors and adults with disabilities in Rhode Island
4014617878 | www.raisinghopehomecare.com

The Village Common of Rhode Island is a volunteer driven non-profit organization whose mission is to change the experience of growing older in RI by fostering the creation of communities of mutual support across the state.
401-228-8683 | www.villagecommonri.org

YMCA Grandparents as Caregivers helps with childcare to grandparents or foster grandparents who are the primary caregiver for children under age 18. After-school care, summer camp scholarships, free YMCA-based programs, and more. It is available to families in the greater Providence, Pawtucket, Lincoln, and Woonsocket areas; there are no income restrictions.
401-727-7515 | www.ymcagreaterprovidence.org

The Village for RI Foster & Adoptive Families is a go-to-date destination for people looking for resources and support for adoptive and kinship families which includes older adults as primary caregivers (grandparents, uncles, aunts, non-blood relation caregivers).
401-481-5483 | www.rivillage.org

The Heart Tree is an organization that provides supports, advocacy, and resources for Spanish-speaking foster and adoptive parents, including grandparents who are primary caregivers.
401-306-9652 | www.thehearttree.org

Southern Rhode Island Volunteers (SRIV) offers respite and aging services that support not only the senior, but the family as well. SRIV is the Washington County Retired Senior Volunteer Program for all of Washington County and the surrounding community, as well as a welcoming volunteer agency for volunteers 18 plus years of age who wish to support older adults in our communities. More information is available at: **401-552-7661 | www.southernrivol.org**

CASE MANAGEMENT

Case management programs provide assessment and care planning assisting adults, 60 & older, who meet certain requirements, to remain at home.

Child and Family Services of Newport County
Jamestown, Little Compton, Middletown, Newport, Portsmouth, Tiverton. **31 John Clarke Road, Middletown, RI 02842**
401-849-2300 | www.childandfamilyri.com

Child and Family Services of Providence
1268 Eddy Street, Providence, RI 02905
401-781-3669 | www.childandfamilyri.com

East Bay Community Action Agency
Barrington, Bristol, Central Falls, East Providence, Pawtucket, Warren. **100 Bullocks Point Avenue 02915**
401-437-1000 | www.ebcap.org

Tri-County Community Action Agency
Block Island, Charlestown, Exeter, Hopkinton, Narragansett, North Kingstown, Richmond, South Kingstown, Westerly.
1935 Kingstown Road #204, Wakefield, RI 02879
401-789-3016 | www.tricountyri.org

Tri-County Community Action Agency
Burrillville, Cranston, Cumberland, Foster, Glocester, Johnston, Lincoln, North Providence, North Smithfield, Scituate, Smithfield, Woonsocket.
1126 Hartford Avenue, Johnston 02919
401-351-2750 | www.tricountyri.org

Westbay Community Action
Coventry, East Greenwich, Warwick, West Greenwich, West Warwick.
487 Jefferson Blvd, Warwick, RI 02886
401-732-4660 | https://westbaycap.org/

CHRONIC DISEASE MANAGEMENT

Alzheimer's Association, Rhode Island Chapter is a non-profit organization whose mission is to coordinate resources for caregivers, educate health professionals and the general public, and advocate for improved public policy.
245 Waterman Avenue, Providence, RI 02906
401-421-0008 | www.alz-ri.org
24/7 Helpline 1-800-272-3900

American Cancer Society is a nationwide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem.
931 Jefferson Blvd., Suite 3004, Warwick, RI 02886
800-227-2345 | www.cancer.org

The American Diabetes Association seeks to prevent and cure diabetes and to improve the lives of all people affected by diabetes.
New England Office: 617-482-4580 | www.diabetes.org

American Heart Association is a non-profit organization that concentrates its efforts on cardiac care to reduce disability and deaths caused by cardiovascular disease and stroke.
1 State Street, Unit 200, Providence, RI 02908
401-228-2320 | www.heart.org

American Parkinson's Disease Association, RI Chapter, serves the patients and caregivers of Rhode Island and Southeastern Massachusetts through the information and referral center at Kent Hospital, and several support groups across the state.
401-455-6337 | www.apdaparkinson.org

Arthritis Foundation, Northern & Southern NE Chapter seeks to improve the lives of 66 million Americans through prevention, treatment, control and cure of arthritis and related diseases.
1-800-283-7800 | www.arthritis.org

Community Health Network Program connects patients with community-based preventative health programs. In Rhode Island, call the Department of Health Information Line.
401-432-7217 | www.health.ri.gov

Down Syndrome Society of Rhode Island is dedicated to promoting the rights, dignity, and potential of all individuals with Down Syndrome through advocacy, education, public awareness, and support.
100 Washington Street, Unit 325 West Warwick RI, 02893
401-463-5751 | www.dssri.org

Mental Health Association of Rhode Island provides information and referrals for mental health services.
45 Blackstone Blvd, Providence, RI 02906
401-726-2285 | www.mhari.org

Muscular Dystrophy Association, Rhode Island Chapter provides financial assistance to repair durable medical equipment. The agency also runs an equipment loan program, has a medical clinic, sponsors a summer camp for children and provides family-friendly accessible activities
APC Building 593 Eddy Street 5th Floor, Providence, RI 02903. **401-444-6447**
www.mda.org/clinic/rhode-island-hospital-adult-care-center

National Organization for Rare Disorders, Inc. works toward the prevention, treatment, and cure of rare diseases. It provides links to resources, information, and programs, including medication assistance programs.
1-800-999-6673 | www.rarediseases.org

Rhode Island Council of Community Mental Health Organizations represents community mental health sites that assist individuals seeking information and referral about treatment. **200 Metro Center Blvd. #10, Warwick RI, 02886**
401-228-7990 | www.riccmho.org

Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals (BHDDH) fights against the stigmatization of people with developmental disabilities, mental illness, and substance use disorders and addictions.
For additional information contact the numbers below.
401-462-3421 | www.bhddh.ri.gov
401-462-3234 | Developmental Disabilities
401-462-3291| Mental Health Services
401-462-4680 | Substance Abuse
866-252-3784 | 24/Hour Helpline

COMMUNITY ACTION PROGRAMS

Community Action Programs (CAPs) are social service agencies working to alleviate the problems of poverty through a positive approach. Programs include consumer education, counseling, health & wellness, home weatherization, & heating assistance, and other programs.

Aquidneck Island/Newport: East Bay CAP:
19 Broadway, Newport, RI 02840
Newport, Portsmouth, Tiverton, Middletown, Jamestown, Little Compton.
401-847-7821 | www.ebcap.org

Blackstone Valley: Blackstone Valley CAP
32 Goff Avenue, Pawtucket, RI 02860
Central Falls, Cumberland, Lincoln, Pawtucket.
401-723-4520 | www.bvcap.org

Cranston: Comprehensive CAP
311 Doric Avenue, Cranston, RI 02910 Cranston, Foster, Scituate, Coventry.
401-467-9610 | www.comcap.org

East Bay: East Bay CAP
100 Bullocks Point Avenue, East Providence, RI 02915
Barrington, Bristol, East Providence, Warren.
401-437-1000 | www.ebcap.org

Greater Providence: Community Action Partnership of Providence
518 Hartford Avenue, Providence, RI 02909
401-273-2000 | www.cappri.org

Greater Woonsocket: Community Care Alliance
800 Clinton Street, Woonsocket, RI 02895
401-235-7000 | www.communitycareri.org

Kent County: Westbay Community Action Warwick, West Warwick, East Greenwich
224 Buttonwoods Avenue, Warwick, RI 02886
401-732-4660 | www.westbaycap.org

Northwest: Tri-County Community Action, Inc.
Burrillville, Glocester, Johnston, North Providence, North Smithfield, Smithfield.
1126 Hartford Avenue, Johnston RI 02919
401-351-2750 | www.tricountyri.org

South County: Tri-County Community Action, Inc.
Charlestown, Exeter, Hopkinton, Narragansett, New Shoreham (Block Island), North Kingstown, Richmond, South Kingstown, West Greenwich, Westerly.
1935 Kingstown Road, Wakefield, RI 02879
4**01-789-3016 |** www.tricountyri.org

CONSUMER PROTECTION PROGRAMS

If you feel that you have been victimized by fraud, scams or schemes, contact your local police department and the agencies listed in this section.

Better Business Bureau tracks information on many businesses throughout the United States and Canada. BBB may also help resolve consumer complaints against businesses.
800-422-2881 | www.bbb.org

Consumer Financial Protection Bureau is a U.S. government agency dedicated to making sure you are treated fairly by banks, lenders, and other financial institutions.
855-411-2372 | www.consumerfinance.gov

Federal Trade Commission works to prevent fraudulent, deceptive, and unfair business practices. They also provide information to help consumers spot, stop, and avoid scams and fraud. **202-326-2222 |** www.ftc.gov

Internet Crimes Complaint Center (IC3) allows individuals to report instances of online fraud or scams from either the actual victim or from a third party to the complainant. www.ic3.gov

National Do Not Call Registry allows individuals to limit the number of telemarketing calls they receive.
888-382-1222 | www.donotcall.gov

Rhode Island Attorney General's Consumer Protection Unit aids consumers with complaints against businesses.
150 South Main Street, Providence, RI 02903
401-274-4400 | www.riag.ri.gov

Rhode Island State Medicare Patrol (SMP) helps persons to recognize and report Medicare and Medicaid fraud, waste, and abuse, and to get the most out of their health care.
888-884-8721 | www.oha.ri.gov

U.S. Postal Inspection Service accepts reports and investigates claims of mail fraud
877-876-2455 | www.uspis.gov

DENTAL SERVICES

Dental services for limited-income persons may be available under the following programs:

CCAP Dental Services: located at the facilities in Cranston, Coventry, and Warwick
Family Health Services of Cranston
1090 Cranston Street, Cranston, RI 02920
401-942-4867

Dental Family Health Services of Coventry
191 MacArthur Blvd., Coventry, RI 02816
Tel: 401-589-2622 | Fax: 401-828-2914

Everett C. Wilcox Dental Center, Warwick
226 Buttonwoods Avenue, Warwick, RI 02886
401-732-9090 | https://www.comcap.org/

The Donated Dental program offers free or reduced-cost dental services to income-eligible seniors.
1-866-572- 9390

Blackstone Valley: Thundermist Health Center
450 Clinton Street, Woonsocket, RI 02895
401-767-4100 | www.thundermisthealth.org

Kent County: Thundermist Health Center
186 Providence Street, West Warwick, RI 02893
401-615-2800 | www.thundermisthealth.org

South County: Thundermist Health Center
One River Street, Wakefield, RI 02879
401-783-0523 | www.thundermisthealth.org

East Bay Dental Center
19 Broadway, Newport, RI 02840
401-845-0564 | www.ebcap.org

Tri-County Community Action Agency offers affordable dental services to residents of Johnston, North Providence, Smithfield, and North Smithfield.
1126 Hartford Avenue, Johnston, 02919
401-519-1940 | www.tricountyri.org

WellOne-Primary Medical and Dental Care provides comprehensive dental services to patients both young and old. Accepts most insurance plans, including Medicaid. Sliding fee scale program.

Foster: 142A Danielson Pike, Foster, RI 02825
401-647-3702 | www.welloneri.org

North Kingstown: 308 Callahan Road, North Kingstown, RI 02852 | 401-295-9706 | www.welloneri.org

Pascoag: 36 Bridge Way, Pascoag, RI 02859
401-567-0800 | www.welloneri.org

RI Mission of Mercy a two-day FREE dental clinic, is held once a year and provides free dental care to the uninsured, underinsured or anyone who cannot access dental care.

Providence Community Health Centers: 335R Prairie Avenue, Providence, RI | https://www.rimom.org/

Scituate: 35 Village Plaza Way, Scituate, RI 02857
401-647-6262 | www.welloneri.org

The Dental Hygiene Clinic at the Community College of Rhode Island provides professionally supervised dental cleaning to the public for free during the academic school year. If multiple appointments are necessary to complete treatment, no additional fee is charged. Patients are welcome for dental hygiene treatment every 12 months after initial completion.
401-333-7250 | https://www.ccri.edu/dental/clinic.html

The Everett C. Wilcox Family Health Center offers services based on a sliding fee scale
226 Buttonwoods Avenue, Warwick RI 02886,
401-732-9090 | www.comcap.org

Wood River Health Services offers limited dental services
823 Main Street, Hope Valley, RI 02832,and
6 Payne Road in New Shoreham, RI.
401-539-2461 | www.woodriverhealthservices.org

DISABILITY RESOURCES

IN-SIGHT provides services for people living with vision loss including low vision exams, independent living training, diabetes counseling and a radio reading service.
43 Jefferson Boulevard, Warwick, RI 02888
401-941-3322 | www.in-sight-ri.org

Living in Fulfilling Environments, Inc. (LIFE) provides a wide range of community- based experiences and support for individuals with developmental disabilities.
490 Metacom Avenue, Bristol, RI 02809
401-254-2910 | www.lifeincri.org

Ocean State Center for Independent Living (OSCIL) is a non- residential, community-based, cross-disability, nonprofit organization providing a range of independent living services. Including individual and community advocacy, information and referral, basic independent living skills training, peer support, community outreach, disability awareness, assistance with nursing home transition, a youth transition program, and assistance in the attainment of assistive devices and home modifications necessary for increased independence.
401-738-1013 | www.oscil.org

Opportunities Unlimited for People with Differing Abilities, Inc. provides support services for adults with disabilities.
401-942-9044 | www.oppunlim.com

Real Access Motivates Progress (RAMP) is a nonprofit organization that advocates and supports people with disabilities, their family and allies.
RAMPTina@yahoo.com | www.RAMPisinclusion.com

The Office of Rehabilitation Services administers Disability Determination Services for the Social Security Administration. The agency determines the medical eligibility of individuals with disabilities applying for cash benefits.
40 Fountain Street, Providence, RI 02903
401-421-7005 | www.ors.ri.gov

Rhode Island Relay/711 is a no-cost service that enables people who are Deaf, Hard of Hearing, Deafblind, or those with a Speech Disability to place and receive phone calls.
dial 711
1-800-745-5555 (English)
1-866-355-9214 (Spanish)

Rhode Island State Services for the Blind and Visually Impaired provides vocational rehabilitation, counseling, medical evaluation, home teaching, and other services.
401-465-0572 | www.ors.ri.gov

Talking Books Plus serves persons who have a visual impairment or physical disability that hinders them from using a traditional library. They can borrow books and magazines in large print, braille, or talking books on cassette or disc, free of charge. Machines and materials are shipped free directly through the U.S. mail.
401-574-9310 | www.olis.ri.gov/tbl

TechACCESS of Rhode Island works toward assuring that persons of all ages and disabilities will have access to technologies and technology services to encourage and support their full participation in all aspects of life.
401-463-0202 | www.techaccess-ri.org

RI Commission on the Deaf and Hard of Hearing is an advocating, coordinating, and service providing entity committed to promoting an environment in which deaf and hard of hearing individuals in Rhode Island are afforded equal opportunity in all aspects of their lives.
Phone/VP 401-256-5511 | www.cdhh.ri.gov

These centers diagnose and treat hearing, speech, language, and swallowing problems:

Rhode Island Hospital
593 Eddy Street, Providence, RI 02903
401-444-5485 | www.rhodeislandhospital.org

University of Rhode Island Speech and Hearing Centers
Kingston: 25 Independence Way, Kingston, RI 02881
401 874-5969, or 401-874-4292 | www.uri.edu

Pawtucket: 500 Prospect Street, Pawtucket, RI 02860
401-721-0734

EDUCATIONAL OPPORTUNITIES

Qualifying Rhode Island residents 60 and older may take courses at state colleges, on a space-available basis, without paying tuition. Contact your local college or university for eligibility and fees, if applicable. Contact your local school department, civic organization, or church, for information on other types of learning opportunities.

DigiAGE Collaborative, through a partnership of industry, government, and community aims to bridge this digital divide for older adults, linking them to the technology and virtual opportunities that underpin modern life. Through this initiative many partners can provide devices, Internet connectivity, and training programs.
401-462-3000 | www.oha.ri.gov/digiAGE

Engaging Generations: Cyber-Seniors is a local intergenerational program that connects college students with older adults so that older Rhode Islanders can get help with technology and ask questions about their own devices and apps & programs they want to learn.
401-208-2740 | www.cyberseniors.org/uri

The Lifelong Learning Collaborative is an independent, non-profit, peer-run organization that provides mature adults with varied opportunities for lifelong learning.
401-270-2556 | www.lifelonglearningcollaborative.org

The Osher Lifelong Learning Institute (OLLI) at the University of Rhode Island is a learning community for active adults, starting at age 50, who wish to explore a wide variety of subjects and programs without worrying of exams, grades, or academic requirements.
401-874-4194 | www.uri.edu/olli

Hamilton House Adult Learning Exchange is a 501 (c)-(3) nonprofit organization, offering a diverse range of educational, creative, and social activities. Members enjoy opportunities for lifelong learning and personal enrichment in a welcoming and engaging community.
401-831-1800 | https://www.historichamilton.org

EMERGENCY PREPAREDNESS

One of the keys to surviving a disaster, either man- made or natural, is preparation.

Rhode Island Special Needs Emergency Registry
Taking steps to protect health and safety is a top priority in every emergency situation. There are simple things you and your loved ones can do to prepare for and respond to an emergency. Visit the website below for safety and planning information.
https://health.ri.gov/emergencies/rhode-island-special-needs-emergency-registry

The Rhode Island Emergency Management Agency has information and resources to help seniors and adults with disabilities prepare for natural or man- made disaster situations. **645 New London Avenue, Cranston, RI 02920**
401-946-9996 | www.riema.ri.gov

The Rhode Island Emergency Management Agency and the Rhode Island Department of Health urge anyone with a chronic disability, health condition, limited mobility, or special health care need(s) to enroll in the Rhode Island Special Needs Emergency Registry. The registry was developed to make sure that there is a system to identify Rhode Islanders who require special assistance during emergencies.

Rhode Island Department of Health:
401-222-5960 | www.health.ri.gov

Tri-County Community Action Agency provides heating assistance and weatherization programs.
401-351-2750

United Way of Rhode Island/211 is a statewide free, confidential service agency that connects you with the appropriate resources you need in your community such as food, housing, job training, and more.

2-1-1 | www.unitedwayri.org

EMPLOYMENT

Department of labor and Training Rhode Island's American Job Centers, offered through the Department of Labor and Training, are here to help you find meaningful employment with confidence. Whether you're returning to work, exploring new career options, or simply need guidance on job searching and résumé writing, our friendly staff is ready to assist. Services are free and available to job seekers of all ages. Visit us at www.dlt.ri.gov/career-services

Senior Community Service Employment Skills Training & Career Preparation is designed to support older adults on the path to employment. If you are 55 or older and looking to build new skills, gain work experience, or re-enter the workforce, SCSEP can connect you with part-time, paid training opportunities in your community. To learn more, visit: www.dlt.ri.gov/career-services

FINANCIAL MANAGEMENT/ DEBT COUNSELING

Money Management International is a non- profit organization that provides full service financial counseling, financial education, debt management programs, and housing counseling. Services are provided either in person or over the Internet. All information is confidential. Money Management International helps clients resolve financial difficulties and achieve long- term financial well-being and lifelong financial management skills.

501 Centreville Road, 2nd. Floor Warwick, RI 02886,
1-888-859-8475 | www.moneymanagement.org

FOOD ASSISTANCE

The statewide Senior Nutrition Programs are known as the Cafés. Each Café will offer at least two of the three meal choices daily. The Cafés welcome all diners 60 and over (in the case of a married couple, only one spouse must be over 60). There is a suggested donation of $3 per meal. No one is turned away if they cannot donate. SNAP beneficiaries may use their Electronic Benefits Cards (EBTs) at Cafés. Reservations are required 24 hours in advance.

To locate a Café location near you, call:

Blackstone Cafés: Blackstone Health, Inc.
401-728-5480 | www.carene.org

Capital Cities Cafés: Meals on Wheels of RI, Inc.
401-351-6700 | www.rimeals.org

Christian Hill Community Church:
56 Tiogue Avenue, West Warwick, RI 02893
401-823-02285
https://christianhill.churchcenter.com/pages/outreach

East Bay Cafés: East Bay CAP
401-437-1000, ext. 1121 | www.ebcap.org

Narragansett Indian Tribe Café: 401 213-6880, X 13

Northern Rhode Island Cafés: Aging Well, Inc.
401-766-3734 | www.seniorservicesri.org

Providence Rescue Mission: 627 Cranston Street, Providence, RI 02907 | 401 274-8861

Westbay Cafés: Westbay CAP
401-732-4660 X325 | www.westbaycap.org

Meals on Wheels of Rhode Island Provides home-delivered meals, wellness checks, and social visits to older adults and other qualified homebound adults five days per week. Service is offered statewide. Medically tailored and culturally appropriate meals, supporting services, and mobile food pantry available for qualified Rhode Island residents. Participants must be unable to safely leave the home on their own. Donations are accepted but not required.
70 Bath Street, Providence, RI 02908
401-351-6700 | www.rimeals.org

The Commodity Supplemental Food Program (CSFP) is the only USDA nutrition program that provides monthly food assistance specifically targeted at low-income seniors. The CSFP is designated to meet the unique nutritional needs of seniors by supplementing diets with a monthly package of healthy, nutritious food provided by the USDA
401-230-1700

Comprehensive Community Action Plan (CCAP) provides emergency food assistance to residents of Cranston, Coventry, Scituate, and Foster.
311 Doric Avenue, Cranston, RI 02910
401-943-1981 | www.comcap.org

The Rhode Island Community Food Bank provides support and distributes food to dozens of food pantries and meal sites throughout RI. An up-to-date Food Assistance List is always available on their website.
200 Niantic Avenue, Providence, RI 02907
401-942-6325 | www.rifoodbank.org

The Supplemental Nutrition Assistance Program (SNAP) formerly known as the Food Stamp Program, provides low-income individuals and families with benefits to purchase food.

Income Eligibility for Seniors & Adults with Disabilities:
One person – 2,321 per month
Two persons - $3,152 per month

Income thresholds above are for effective October 1, 2024. Seniors and adults with disabilities with incomes above those amounts may still be eligible. For more information about SNAP or help applying, contact a SNAP Outreach Provider. Providers are listed on the DHS website: www.dhs.ri.gov/programs-and-services/supplemental-nutrition-assistance-pro-gram-snap

In addition to these agencies, many local churches have food pantries or emergency assistance food programs.

Tri-County Community Action Agency has three locations where consumers can get food Assistance:
11 Emmanuel Street North Providence 401-519-1913
415 Tower Hill Road North Kingstown 401-515-2432
34 Pond Street Westerly 401-604-0098
https://www.tricountyri.org/services/food-assistance/

GERIATRIC ASSESSMENT CLINICS

Seniors who have shown recent changes in their physical, psychological, or social functioning are candidates for assessment.

These organizations offer geriatric assessments:

Rhode Island Mood and Memory Research Institute
401-435-8950 | www.rimmri.com

Roger Williams Geriatric Assessment Program
401-456-2000 | www.rwmc.org

Geriatrics & Palliative Medicine at Brown Medicine
401-649-4010 | www.brownmed.org/geriatrics

Alzheimer's Disease & Memory Disorders Center at Rhode Island Hospital
401-444-6440 | www.rhodeislandhospital.org

Butler Hospital Memory and Aging Program
401-455-6403 | www.butler.org
401-455-6402 | Clinical Trials Research Line

RI & Miriam Hospital Geriatric Neuropsychological Program 401-444-4500 | www.lifespan.org

HEALTH CENTERS

Community health centers provide many health services based on a sliding scale for those who are insured or underinsured.

Block Island: Block Island Health Services
6 Payne Road, New Shoreham, RI 02807
401-466-2974 | www.rihca.org

Central Falls: Blackstone Valley Community Health Center
9 Chestnut Street, Central Falls, RI 02863
401-722-0081 | www.blackstonechc.org

Charlestown: Narragansett Indian Health Center 51 Old Mill Road, Charlestown, RI 02813
401-364-1265 | www.narragansett-tribe.org

Coventry: Family Health Services of Coventry
191 MacArthur Blvd, Coventry, RI 02816
401-828-5335 | www.comcap.org

Cranston: CCAP Health Services
1090 Cranston Street Cranston, RI 02920
401-943-1981 | www.comcap.org

East Providence: East Bay Family Health Center
100 Bullocks Point Avenue, Riverside, RI 02915
401-437-1008 | www.ebcap.org

Foster: WellOne Primary Care Medical & Dental Care
142A Danielson Pike Foster, RI 02825
401-647-3702 | www.welloneri.org

Johnston: Tri-Town Health Center
1126 Hartford Avenue, Johnston, RI 02919
401-351-2750 | www.tricountyri.org

Newport: East Bay Family Health Care
6 John H Chafee Blvd, Newport, RI 02840
401-848-2160 | www.ebcap.org

North Kingstown: WellOne Primary Care Medical
308 Callahan Road North Kingstown, RI 02852
401-295-9706 | www.welloneri.org

Pawtucket: Blackstone Valley Community Health Center
1145 Main Street, Pawtucket, RI, 02860
401- 729-5239 | www.bvchc.org

Blackstone Valley Community Health Center
39 East Avenue, Pawtucket, RI, 02860
401- 772-0081 | www.bvchc.org

Pascoag: WellOne Primary Care Medical & Dental Care
36 Bridge Way, Pascoag, RI 02859
401-567-0800 | www.welloneri.org

Providence Community Health Center - Capitol Hill
Capitol Hill 40 Candace Street, Providence, Rhode Island 02908 | 401-444-0550 | www.providencechc.org

Providence Community Health Center - Chafee
1 Warren Way, Providence, RI 02905
401-444-0530 | www.providencechc.org

Clínica Esperanza / Hope Clinic - Servicios en Espanol
60 Valley Street, #104, Providence, RI 02909
401-649-9683 | www.aplacetobehealthy.org

Crossroads Rhode Island
160 Broad St, Providence, RI 02903
401-861-2403 | www.providencechc.org

Met School Health Clinic
325 Public Street, Providence, RI, 02905
401-752-2693 | www.providencechc.org

North Main Street Clinic
530 North Main Street, Providence, RI, 02904
401-415-9500 | www.providencechc.org

Providence Community Health Center - Olneyville
100 Curtis Street, Providence, RI 02909
401-444-0540 | www.providencechc.org

Providence Community Health Center - Prairie Avenue
355 Prairie Avenue, Providence, RI 02905
401-444-0570 | www.providencechc.org

Rhode Island Free Clinic
655 Broad Street, Providence, RI 02907
401-274-6347 | www.rifreeclinic.org

St Joseph Hospital for Specialty Care
21 Peace Street, Providence, RI 02907
401-456-3000

Richmond: Wood River Health Services
823 Main Street, Hope Valley
401-539-2461 | www.woodriverhealthservices.org

Scituate: WellOne-Scituate Neighborhood Health Station
35 Village Plaza Way, Scituate, RI 02857
401-647-6262 | www.welloneri.org

South Kingstown: Thundermist Health Center
1 River Street, Wakefield, RI 02879
401-783-0523 | www.thundermisthealth.org

Warwick: Everett C. Wilcox Family Health Center
226 Buttonwoods Avenue, Warwick, RI 02886
401-732-9090 | www.comcap.org

West Warwick: Thundermist Health Center / LGTBQ Health Access
1219 Main Street, West Warwick, RI 02893
401-615-2800 | www.thundermisthealth.org

Woonsocket: Thundermist Health Center / LGTBQ Health Access. 450 Clinton Street, Woonsocket, RI 02895
401-767-4100 | www.thundermisthealth.org

If you need to refer a patient for non-emergency care, RIDOH lists community health centers and urgent care facilities that provide primary care, dental, and behavioral health services.
www.health.ri.gov/healthcare/options-healthcare-rhode-island
The Rhode Island Family Health Care Guide provides information on healthcare issues, caregiver support and information on the state's network of hospitals.
www.rhodeislandfamilyguide.com

HEATING, WEATHERIZATION, & WATER ASSISTANCE

The Low-Income Home Energy Assistance Program (LIHEAP) Rhode Island households are income -eligible for this program when the household's gross income level is equal to or less than 60 percent of the State Median Income (SMI) for the household size. The amount of assistance provided is based on household size and income levels below as of October 1, 2026.

Apply for heating assistance at these local agencies:

Blackstone Valley Community Action Program
Central Falls, Cumberland, Lincoln, North Smithfield, Pawtucket, Woonsocket.
32 Goff Avenue, Pawtucket, RI 02860
401-723-0227 | www.bvcap.org

Comprehensive Community Action Programs
Cranston, Foster, Scituate.
311 Doric Avenue, Cranston, RI 02910
401-467-9610 | www.comcap.org

East Bay Community Action Agency
Barrington, Bristol, East Providence, Jamestown, Little Compton, Middletown, Newport, Portsmouth, Tiverton, Warren.
100 Bullocks Point Avenue, East Providence, RI 02915
401-437-1000 | www.ebcap.org

Community Action Partnership of Providence
518 Hartford Avenue, Providence, RI 02909
401-273-0882 | www.cappri.org

Tri-County Community Action Agency
Charlestown, Exeter, Hopkinton, Narragansett, New Shoreham, North Kingstown, Richmond, South Kingstown

West Greenwich, Westerly
1935 Kingstown Road #204, Wakefield, RI 02879
401-789-3016 | www.tricountyri.org

Tri-County Community Action Agency
33 Maple Avenue, North Providence, RI 02911
Burrillville, Glocester, Johnston, North Providence, Smithfield
401-519-194 | www.tricountyri.org

West Bay Community Action Program
487 Jefferson Blvd, Warwick, RI 02886
Coventry, East Greenwich, Warwick, West Warwick
401-732-4660 | www.westbaycap.org

Information about heating assistance is also available from these agencies/organizations:

Citizens Energy Corporation
617-338-6300 | www.citizensenergy.com

Diocese of Providence: Keep the Heat On
1 Cathedral Square, Providence, RI 02903
401-421-7833, Ext. 207 | www.heatri.com

RI Office of Energy Resources
One Capitol Hill, Providence, RI 02908
401-574-9100 | www.energy.ri.gov

HOME CARE, HOME HEALTH, & ASSISTED FACILITY HEALTH CARE

@Home Health Care a licensed home nursing care provider serving all of Rhode Island.
567 South County Trail, Suite 103, Exeter RI 02822
401-667-0737 | www.yourbesthomecare.com

Darlington Memory Lane Assisted Living Facility specializing in Alzheimer's and Dementia
401-475-1000 | www.darlingtonliving.com

Darlington Assisted Living 40 bed traditional assisted living facility. We provide ADL's, med management, laundry, food, and housekeeping services.
401-688-7621 | www.darlingtonliving.com

Darlington Assisted Living centers 2 19 bed traditional Assisted Living facility providing: med management, food, housekeeping, transportation, & laundry.
401-688-7621 | www.darlingtonliving.com

Elmwood Home Care provides compassionate, patient-centered home health and home care services throughout Rhode Island. Services include skilled nursing, physical, occupational and speech therapy, medical social work, home health aide support, wound care, chronic disease management, and rehabilitation services designed to help patients remain safe and independent at home.
102 Dudley St. Suite 20, Providence, RI 02905
401-9411347 | www.elmwoodhealthcare.com

Rhode Island Partnership for Home Care Established in 1990, the Rhode Island Partnership for Home Care advocates for quality care delivered in patients' and clients' homes and supports home care, home health and hospice providers through education, networking and regulatory guidance. It is Rhode Island's only association dedicated exclusively to promoting home care, home health and hospice services. Its searchable Membership Directory identifies current Provider Members by communities served, insurances accepted and services offered. Guided by our motto, "Advancing quality healthcare at home", the Rhode Island Partnership for Home Care (The Partnership) is the statewide association representing home care, home nursing care and hospice providers licensed by the Rhode Island Department of Health. The Partnership advances access to high-quality care at home through advocacy, education, collaboration and resources that strengthen providers and support Rhode Islanders who rely on home-based healthcare.
401-351-1010 | www.riphc.org

HOSPICE CARE

Hospice care focuses on the social, spiritual, and emotional needs of terminally ill patients and their loved ones. A hospice team usually includes a medical director, nurses, clergy, and other health care professionals.

Medicare covers hospice services if the providing agency is a certified Medicare provider. Medical Assistance and most private insurance plans also cover hospice services.

For a listing of licensed hospice providers operating in Rhode Island, contact the **Rhode Island Department of Health (RIDOH) 401-222-5960, or visit** www.health.ri.gov/lifestages/death/about/hospicecare

HOMELESSNESS RESPONSE

Regional Access Points (RAPs) are local, “one-stop shops” where individuals and households experiencing homelessness can begin the process of accessing housing, supportive services, and emergency shelter. In addition, RAPs provide prevention and diversion support for individuals and families at imminent risk of homelessness, such as employment navigation and connection to critical community resources. In-person, walk-in visits to the RAPs are highly encouraged for people seeking assistance.

The RAPs are located in the following areas of Rhode Island:

Mobile RAP - House of Hope Mobile Street Outreach - Shower To Empower

The Mobile RAP provides flexible, on-the-ground support across Kent County Pawtucket, Providence and Woonsocket meeting individuals and families where they are. It helps connect people experiencing or at risk of homelessness to shelter and housing resources, especially in areas with limited fixed-site services. **Contact Information:**

- **Mondays** - 8:30 - 11:00 am: McDonald's - 59 Central Street, Providence
- **Tuesdays** - 8:30 - 11:00 am: Project Weber/Renew - 36 Park Place Pawtucket
- **Wednesdays** - 9:00 am - 12:00 pm: Thundermist Health Center Woonsocket
- **Thursday**- 9:00 am - 12:00 pm: Thundermist Health Center - 186 Providence St., West Warwick
- **Friday** - 8:30 - 11:00 am: Cranston Street Armory, Providence

Domestic Violence RAP - Sojourner House

For those fleeing a domestic violence situation and seeking shelter or housing services, the Domestic Violence Regional Access Point offers a safe and confidential process to homelessness resources. Contact Information:

1570 Westminster St, Providence, RI 02909
Hours: Mon-Fri 9 am - 5 pm
Closest bus line: #19, #27
Tel: 401-765-3232
Email: care@sojournerri.org

Northern RAP - Community Care Alliance

The Northern RAP serves communities in the northern region of Rhode Island.

Contact Information:
245 Main Street, Woonsocket, RI 02895
Hours: Mon-Fri - 9 am - 4 pm
Closest Bus Line: #54
Tel: 401-445-4237
Email address: CCA.shelter@communitycareri.org

Providence RAP - Crossroads Rhode Island

The Providence Regional Access Point supports residents of the capital city in accessing shelter and housing services.

Contact Information:
160 Broad St, Providence, RI 02903
Hours: Monday - Friday 8:30 am - 4:30 pm – Walk-ins Only
Closest bus line: R line, #20
Tel:401-865-6215
Email Address: HPS@crossroadsri.org

Pawtucket RAP - Open Doors

The Pawtucket Regional Access Point serves as a central hub for individuals and families in the Pawtucket area seeking shelter or housing services.

Contact information:

1139 Main Street, Pawtucket, RI

Hours: Monday - Friday, 9:00 am - 3:00 pm

Closest bus line: R line

Tel: 401-214-5542

Email Address: help@opendoorsri.org

Southern Rhode Island RAP - WARM Center

The Southern Rhode Island RAP assists individuals and families in the southern part of the state.

Contact Information:

56 Spruce St, Westerly, RI 02891

Hours: Monday - Friday, 7:00 am - 10:00 pm

Closest bus line: 95x

Tel: 401-596-WARM (9276)

Email address: info@warmcenter.org

Newport Area RAP - Newport Mental Health

The Newport Area Regional Access Point serves the city of Newport and its surrounding communities.

Contact Information:

42 Valley Rd, Middletown, RI 02842

Hours: Monday & Friday, 8:00 am - 4:30 pm | Tuesday & Thursday, 8:00 am - 7:00 pm

Closest bus line: #60

Tel:401-846-1213 Ext. 9105

Email address: RAP@newportmh.org

HOUSING

Lincoln Housing Authority provides affordable, decent, safe, and sanitary housing to individuals and families with low incomes in Lincoln, Rhode Island.

Offices: 10 Franklin Street, Lincoln, RI 02865

401-724-8910 | http://lincolnhousing.org/

North Providence Housing Authority administers and manages 146 public housing units serving low-income seniors, families, and individuals with disabilities. In addition, the NPHA administers the Housing Choice Voucher Program (Section 8), which assists eligible low-income seniors, families, and people with disabilities. Under this program, participants are generally responsible for paying 30% of their adjusted household income toward rent.

Applications for NPHA public housing may be submitted online through the Public Housing section of the NPHA website: www.nphousing.org Please note that there is currently a waiting list for public housing. Applications for the Section 8 Housing Choice Voucher Program may be submitted online at: www.waitlist-centralri.com | **401-728-0930**

HOUSING PROGRAMS & SERVICES

Assisted living residences are a special combination of housing, meals, and personal assistance designed to meet the needs of those who require help with activities of daily living. Services include meals, housekeeping, transportation, personal care services, 24-hour staffing, medication management, social and recreational activities, and more. Assisted living facilities are licensed by the Rhode Island Department of Health. To get a copy of the licensed assisted living residences in RI visit:
www.health.ri.gov/ind/assistedliving

Additional information can also be found through:

Rhode Island Assisted Living Association (RIALA)
401-435-8888 | www.riala.org

LeadingAge Rhode Island (LARI)
401-490-7612 | www.leadingageri.org

Saint Elizabeth Community provides a full spectrum of quality care to older adults and people with physical disabilities. Founded in Providence in 1882, the community now has thirteen Rhode Island locations offering apartments for independent seniors, home care services, adult day centers, affordable assisted living, skilled nursing and rehabilitation care.
877-732-3264 | www.stelizabethcommunity.org

Tamarisk Senior Living is a close-knit, nonprofit community with a reputation of providing exceptional care for over two decades. Beautifully appointed apartments and individualized care plans in both traditional assisted living and our memory care neighborhood allow us to create a personalized experience that helps residents feel welcomed, supported, and safe. We offer 24/7 professional and compassionate care to support medical and daily living needs, enhancing each resident's physical, emotional, and mental well-being. Our garden-to-table dining, led by talented chefs, features fresh, nutritious meals every day. A robust schedule of engaging programs and activities offers meaningful opportunities for connection and enrichment.
401-732-0037 | www.tamariskri.org

The Housing Authority of Newport provides quality affordable housing opportunities with access to community and supportive services for individuals and families of all ages. Our affordable housing programs have varying income restrictions. For more information, please visit our website at www.newporthousing.org **| 401-847-0185**

The Rhode Island Coalition to End Homelessness (RICH) is a statewide advocacy organization to end homelessness in Rhode Island. RICH offers a legal clinic for individuals experiencing homelessness and publishes the "Street Sheet," a listing of emergency shelters, food pantries, and other helpful resources. **401-721-5685 |** www.rihomeless.org

Crossroads Rhode Island provides information and referral for the homeless and those in transition.
160 Broad Street, Providence, RI 02903,
401-521-2255 | www.crossroadsri.org

Almost all cities and towns in Rhode Island participate in the centralized Wait List for Housing Choice Vouchers. Learn more and add your name at www.waitlist-centralri.com

Some **Community Action Programs (CAPS)** provide housing assistance and may have funding assistance for home repair services. Please refer to the list of Community Action Programs listed in this manual.

Home Equity Conversion Mortgages (HECM) often referred to as Reverse Mortgages, allow seniors to borrow against the equity in their homes. The loan is repaid when the house is sold or when the owner/ borrower ceases to live in it. Interest rates and loan limits vary from lending institution to lending institution. Under HECM, borrowers must be 62 or older and meet annual income limits. For more information, contact your local bank, credit union, or other financial institution.

Housing Network of Rhode Island is a state association of non-profit community development corporations. Members of the Housing Network of Rhode Island have developed thousands of affordable housing options in Rhode Island and promote public awareness regarding the state's housing and economic needs. **1070 Main Street, Pawtucket, RI 02860 401-721-5680 |** www.housingnetworkri.org

The Rhode Island Department of Human Services (DHS) coordinates various government assistance programs. DHS can assist SSI beneficiaries with moving costs or other expenses due to an emergency, such as a fire or natural disaster. **To apply and learn more about this assistance, call the RI Department of Human Services 1-888- MYRI-DHS.**

Rhode Island Housing oversees the federal Housing Choice Voucher and Project-Based Voucher Programs (aka Section 8) in Barrington, Charlestown, Exeter, Foster, Glocester (Chepachet), Hopkinton (Hope Valley, Rockville), Jamestown, Little Compton, Middletown, Narragansett, Newport, New Shoreham (Block Island), North Kingstown (Saunderstown, Slocum), North Smithfield, Portsmouth, Richmond, Scituate (Clayville, Hope), South Kingstown, and West Greenwich. Under these programs, tenants pay 30% of their income for rent.

RIHousing administers almost 2,000 vouchers between the two programs and oversees over 15,000 affordable rental units across the state, some set aside specifically for seniors and/or those with disabilities.

Those interested can apply to be on a housing waitlist (or multiple waitlists) via the Centralized Waitlist (CWL): www.waitlist-centralri.com Note: not every municipality hosts their waitlist on the CWL – you will need to contact those cities or towns directly.
44 Washington Street, Providence, RI 02903, 401-457-1234 | www.rihousing.com

The RI Housing HelpCenter provides support and education to help Rhode Islanders protect themselves from losing their homes and make safe, informed decisions for their futures. Mortgage Counselors work with homeowners struggling to make their payments and their lender to review and identify available options to avoid foreclosure. Options may include loan modifications, work-out agreements, repayment plans and/or referral to RI Legal Services. **RIHousing** also offers tax lien assistance under the Madeline Walker Act, a state law

designed to help homeowners who have fallen behind on their taxes or other liens to avoid the loss of their home at tax sale.
RIHousing HelpCenter: 401-457-1130
RIHousing Madeline Walker Program: 401-457-1168

RIHousing's LeadSafe Homes Program provides financial assistance to help eligible homeowners address lead hazards and make their homes safer for children and families (does not cover Providence, Pawtucket or Woonsocket). Funding can support inspections, remediation work, and essential repairs needed to meet Rhode Island's lead safety requirements. **For more information, call 401-450-1350.**

RIHousing also offers low-interest loans to help homeowners improve their properties by addressing septic or sewer issues (in participating communities). **For more information, call 401-457-1127.**

RI Bar Association:
401-421-5740 | www.ribar.com

Operation Stand Down Rhode Island serves homeless and disabled veterans.
1010 Hartford Avenue, Unit #1 Johnston, RI 02919
401-383-4730 | www.osdri.org

The Rhode Island Housing's Home Improvement & Lead Abatement Programs can assist qualified residents in obtaining grants or low-interest home repair and improvement loans.
401-457-1127 (Home Improvement)
401-450-1350 (Lead Abatement) | www.rihousing.com

The U.S.D.A. Rural Development 60 Quaker Lane, Suite 44, Warwick, RI 02886 provides grants and loans for home repairs and improvements to qualified homeowners.
401-826-0842, ext.2 | www.rurdev.usda.gov

LEGAL SERVICES

Advance health care directives are written instructions indicating what type of medical intervention you choose during a time when you may become incapacitated. The durable power of attorney for health care permits you to appoint an agent, or agents, to make health care decisions on your behalf, if you are unable to communicate your wishes. A living will direct your physicians, in advance, to withhold or withdraw life-sustaining procedures, if those are your wishes.
Advance health care directive forms available from the
Rhode Island Department of Health.
401-222-5960 | www.health.ri.gov

The Rhode Island Bar Association's Legal Information and Referral Service for the Elderly helps anyone 60 and older obtain legal services and advice. Seniors may receive a free initial consultation of up to 30 minutes.
115 Cedar Street, Providence, RI 02903
401-521-5040 | www.ribar.com

The Rhode Island Disability Law Center provides free legal assistance to persons with disabilities. Services include individual representation to protect rights or to secure benefits and services, and administrative and legislative advocacy.
275 Westminster Street, Suite 401, Providence, RI 02903
401-831-3150 | www.ridlc.org

Rhode Island Legal Services Senior Citizens Program helps low-income persons 60 and older with legal advice and assistance. This program assists seniors with problems related to housing and public assistance programs, including Social Security and Social Security Disability Income (SSDI) programs. **56 Pine Street, Providence, RI 02903 401-274-2652 |** www.rils.org

Chisholm, Chisholm & Kilpatrick (CCK Law) is a national law firm headquartered in Providence, Rhode Island, that focuses on representing clients in veterans' disability benefits claims and appeals, ERISA (Employee Retirement Income Security Act) and insurance litigation matters. CCK serves clients across the United States and offers free case evaluations, educational resources, and ongoing legal support aimed at securing favorable outcomes for those it represents.

Contact: Samuel (Seb) Pihan (800)-544-9144
https://cck-law.com/

LONG-TERM CARE OMBUDSMAN

The Alliance for Better Long-Term Care works to resolve problems related to the health, safety, welfare, and rights of individuals who live in Long-Term Care facilities, such as nursing homes, board and care and assisted living facilities, and other residential care communities.

Ombudsman programs promote policies and consumer protections to improve long-term services and supports at the facility, local, state, and national levels. All reports of abuse and neglect are confidential. **422 Post Road, Warwick, RI 02888 | 401-785-3340 |** www.alliancebltc.org

LONG-TERM SERVICES AND SUPPORTS

Long-Term Services and Supports (LTSS) are a variety of services utilized by individuals of all ages at different stages of life based on the individuals' assessment of functional mental and physical limitation and chronic illness and their level of need assistance with activities of daily living. Services include but are not limited to preparing meals, managing medications and housekeeping. Long Term Services and Supports (LTSS) are delivered in both institutional and home and com- munity-based settings.

To get more information about your options call the ADRC at 401-462-4444 to speak with a counselor.

For income qualifying individuals over the age of 65 and adults with disabilities **Medicaid Long Term Services and Supports (LTSS)** are available. Services include nursing home care or home and community- based supports (HCBS), such as homemaker/CNA services, special medical equipment, Meals on Wheels, personal emergency response systems, case management, assisted living, or minor home modifications. Individuals must meet financial guidelines and be assessed to have a need for services. Only individuals who qualify for the highest level of care are eligible for nursing facility care.

For individuals who do not meet the guidelines for Medicaid, **The OHA At Home Cost Share Program** offers Home and Community Based Services (HCBS) at a reduced rate. Co-share amounts are determined by income; these guidelines are updated annually & do not exceed 250% of the Federal Poverty Limit. OHA works with a network of regional case management agencies to develop care plans to help individuals remain in the least restrictive and safest environment.

To be eligible for the At Home Cost Share Program, a person must be an RI resident over 65 or aged 19-64 with a diagnosis of Alzheimer's or related dementia, ineligible for Medicaid, needs assistance with the activities of daily living and does not qualify for Medicaid.

For more information about the At Home services option, Call: 401-462-4444.

For Nursing Home application call:

Long Term Care Medicaid – Providence Regional Family Center, 1 Reservoir Avenue Providence RI 02907 855-697-4347

For a complete list of Nursing Homes call the Rhode Island Department of Health (RIDOH) at 401-222-5960

NURSING HOME TRANSITION

Persons eligible for Medicaid and who are in a nursing home but would like to live at home or in the community, may be able to participate in the **Nursing Home Transition Program** through the Executive Office of Health and Human Services, Office of Community Programs. The program provides support and services to help make this transition possible.

401-462-5274 | www.eohhs.ri.gov

Skilled Nursing Agencies provide home health care, as ordered by a physician, which may include nursing care, physical therapy, occupational therapy, hospice care, speech therapy, and other services. **For a listing of these agencies, call the ADRC at: 401-462-4444**

The Program for the All-Inclusive Care of the Elderly (PACE) provides individuals with an alternative to nursing home care. To be eligible for PACE, a person must be 55 or older, live in RI, and meet the clinical level of care requirements. To enroll in PACE, the client must agree to get their care from a net- work of doctors and providers who participate in the program. PACE coordinates all care to meet the daily needs of the client with a team of caregivers that includes social workers, nurses, and other professional staff. PACE is also a licensed adult day service program.

10 Tripps Lane, Riverside, RI 02915
401-434-1400 | www.pace-ri.org

Persons who had a significant disability before age 22 should call the Department of Behavioral Healthcare Developmental Disabilities and Hospitals (BHDDH) about options for home and community care.
401-462-3421 | www.bhddh.ri.gov

MEDICAID

Medicaid is a Federal and state funded program that provides health care coverage for eligible Rhode Islanders.

There are multiple ways to apply.
Apply on-line at: www.healthsourceri.com
Health Source, RI is available to answer health coverage questions Monday- Friday 8AM to 6PM through their contact center. **1-855-840-4774**

Apply by Mail: The Application for Assistance can be found on www.dhs.ri.gov/apply-now and mailed to DHS at:
RI Department of Human Services, P.O. Box 8709
Cranston, RI 02920-8787

Apply in-person: Paper applications can be dropped off in a secure drop box at all DHS regional centers. To find a location near you visit: www.dhs.ri.gov/apply-now

MEDICARE

Medicare is the nation's health insurance program for people 65 and older, and younger people who are disabled for 24 months, or who have end stage renal disease.

Medicare consists of four parts:

Part A: Hospital Insurance

Part B: Medical Insurance

Part C: Medicare Advantage Insurance Plans

Part D: Medicare Prescription Drug Plans

Persons over age 65 are automatically entitled to Medicare Part A if they or their spouse are eligible for Social Security or Railroad Retirement.

Part A covers a portion of inpatient hospital, skilled nursing facility, home health, and hospice care. Part B is Medical coverage Part A coverage. Part B covers a portion of medical and physician services, outpatient hospital, home health, durable medical equipment, laboratory and x-ray, ambulance, and other services. Apply for Medicare at Social Security, or online three months before turning 65.

STATE HEALTH INSURANCE PROGRAM (SHIP)

The Rhode Island State Health Insurance Program (SHIP) is part of a nation- al partnership to help consumers make informed health care choices.

SHIP volunteers provide one-to-one, unbiased counseling to older adults, adults with disabilities, families, and caregivers. The program is designed to help older adults and adults with disabilities understand health care cost and coverage.

SHIP counselors can discuss Medicare, Medicare Part D, supplemental insurance, Medicare Advantage plans, and other health insurance options.

SHIP counselors assist beneficiaries in making the most appropriate choice for their health care needs.

RI SHIP LINE: 1-888-884-8721 | www.oha.ri.gov

You can also find your closest agency at the following sites:

Aging Well
84 Social Street, Woonsocket, RI 02895 401-766-3734

Johnston Senior Center
1291 Hartford Av, Johnston, RI 02919
401-944-3343

West Bay Community Action Agency
487 Jefferson Blvd., Warwick, RI 02886
401-421-5237

South Kingstown Senior Center
25 St. Dominic Rd, Wakefield, RI 02879

401-789-0268

Westerly Senior Center
39 State St., Westerly, RI 02891
401-596-2404

The ADRC (Aging and Disability Resource Center)
50 Valley St., Pawtucket, RI 02909
401-462-4444

East Bay Community Action Agency
100 Bullocks Point Ave., East Providence, RI 02915
401-435-7876

Leon Mathieu Senior Center
420 Main St., Pawtucket, RI 02860
401-728-7582

Progreso Latino
626 Broad Street, Central Falls, RI 02863
401-728-5920

Edward King House
35 King St., Newport, RI 02840
401-846-7426

MEDICARE PREMIUM PAYMENT PROGRAM

Medicare Premium Payment (MPP) assists with paying Medicare premiums. In some cases, the Medicare Premium Payment Program may also pay for Medicare Part A (Hospital Insurance) and Medicare Part B (Medical Insurance) deductibles, coinsurance, and copayments if you meet certain conditions.

For the **Qualified Medicare Beneficiary (QMB)** program, the Department of Human Services (DHS) Medicaid Division will pay both the Medicare Part A, if applicable, and Medicare Part B premiums, deductibles, and co-insurance for persons over 65, and adults with disabilities, if their income does not exceed 100% of Federal Poverty Level (FPL).

For the **Qualified Individual (QI1)** program, Medicaid will pay the Medicare Part B premium, subject to availability of state funds, if the beneficiary's income does not exceed 135% of FPL.

MPP Level	Monthly Income Limit	Monthly Income Limit	Asset Limit	Asset Limit
Qualified Medicare Beneficiary (QMB)	Single: $1,683	Married: $2,275	Single: $9,950	Married: $14,910
Qualifying Individual (QI)	Single: $2,255	Married: $3,050	Single: $9,950	Married: $14,910

Medicare

For more information about MPP programs, contact the RI Department of Human Services.

MEDICATION ASSISTANCE PROGRAMS

Medicare Prescription Drug Plans (Medicare Part D) help Medicare beneficiaries pay for prescription drugs. Coverage is available for both generic and brand name medications. Premiums, deductibles, and co- payments may apply. Assistance in paying for Medicare Part D plan premiums and other expenses (Low-Income Subsidy-LIS, or "Extra Help") may be available for beneficiaries who have limited income and resources. For more information, contact Social Security at: www.ssa.gov | **1-800-772-1213 (Voice) | 1-800-325-0778 (TTY)**

Medicare beneficiaries can get one-to-one, unbiased, and confidential counseling for Medicare Part D by contacting any of the regional State Health Insurance Program (SHIP) partner agencies listed in this guide.

Many pharmaceutical manufacturers make some of their drugs available, free of charge, to patients who have difficulty paying for them.

Pharmaceutical Research and Manufacturers of America
1-877-743-6779 | www.RxforRI.org

Partnership for Prescription Assistance:
1-888-4PPA-NOW | www.pparx.org

The Rhode Island Pharmaceutical Assistance to the Elderly (RIPAE) program pays some of the cost of RIPAE-approved prescription medications during the deductible phase and offers partial reimbursement for RIPAE-approved medications to enrollees who enter the "donut hole" of their Medicare Part D plans, or if a medication is not covered by a

Part D plan and is on the RIPAE formulary. Rhode Island residents 65 and older who meet certain income limits and provide proof of Medicare Part D coverage, and adults aged 55 to 64 receiving Social Security Disability (SSDI) payments, may be eligible.

Income guidelines are adjusted each July, based on the annual Social Security Cost of Living Adjustment (COLA).

401-462-3000 | www.oha.ri.gov

MENTAL/BEHAVIORAL HEALTH PROGRAMS

Some community health centers provide low-cost or free mental health services for low- income persons, including seniors. Payment is based on a sliding scale. A list of the community mental health agencies can be found in this guide.

Medical Detoxification Programs are staffed by professionals who have special skills in facilitating the psycho-biological process of substance detoxification in a safe environment:

The Butler Hospital Alcohol & Drug Inpatient Treatment Center, 345 Blackstone Boulevard, Providence, RI 02906
401-455-6214 | www.butler.org

Roger Williams Medical Center Behavioral Health
825 Chalkstone Avenue, Providence, RI 02908
401-456-2000 | www.rwmc.org

SSTAR of Rhode Island Detoxification Services: 1959 Tower Hill, Road, North Kingstown, RI 02852
401-294-6160 | www.sstar.org

Newport Mental Health provides behavioral health, vocational, medication management, and substance use services for children and adults, regardless of ability to pay. Residential programs and outpatient treatment are provided as well. **401-846-1213 |** www.newportmentalhealth.org

Community Mental Health Centers (CMHC) act as a network of comprehensive behavioral health services to adults which include emergency services, general and intensive community-based outpatient treatment and other services.

Community Care Alliance (Woonsocket)
401-235-7000

Gateway (Johnston/Central Region)
401-273-8100

Thrive Behavioral Health (Warwick)
401-691-6000

East Bay Community Action
401-437-1000

Newport Mental Health
401-846-1213

The Providence Center
401-453-7618

The National Alliance on Mental Illness (NAMI) Rhode Island educates the public about mental illness and offers resources to provide support to all whose lives are touched by mental illness.
154 Waterman Street, Suite 5B, Providence,
401-331-3060 or 1-800-749-3197 |www.namirhodeisland.org

The Mental Health Association of Rhode Island provides information and referral for mental health services and support groups. **345 Blackstone Boulevard, Sawyer Building Room 310 Providence RI 02906 | 401-726-2285 |** www.mhari.org

BH Link/ The National Suicide Prevention Line
9-8-8 | www.bhlink.org

The Samaritans of Rhode Island help people who are at risk of suicide.
401-272-4044 | www.samaritansri.org

These hospitals have geriatric psychiatric units and mental health services, specifically for seniors:

The Butler Hospital Senior Treatment Unit
345 Blackstone Boulevard, Providence, RI 02906
401-455-6356 | www.butler.org
401-455-6214 | www.butler.org

Our Lady of Fatima Hospital Geriatric Psychiatric Unit
200 High Service Avenue, North Providence, RI 02904.
401-456-3060 | www.fatimahospital.com

Roger Williams Medical Center Geriatric Psychiatric Unit
825 Chalkstone Avenue, Providence, RI 02908
401-456-2363 | www.rwmc.org

The Rhode Island Council of Community Mental Health Organizations assists individuals seeking information and referral about treatment. Member organizations offer a wide variety of mental health and substance abuse treatments, including emergency services.
40 Sharpe Drive, Unit 3, Cranston, RI 02920
401-228-7990 | www.riccmho.org

The Rhode Island Department of Behavioral Healthcare, Developmental Disabilities and Hospitals is committed to ensuring access to quality services and support for Rhode Islanders with developmental disabilities, mental health, and substance abuse issues, and chronic long- term medical and psychiatric conditions; and to erase the stigma attached to these disabilities.

Developmental Disabilities | 401-462-3234
Mental Health | 401-462-1782
Substance Abuse | 401-462-3056

Eleanor Slater Hospital
111 Howard Avenue, Cranston, RI 02920
401-462-3001

Zambarano Hospital
2090 Wallum Lake, Burrillville, RI 02859
401-567-5400

The Rhode Island Office of the Mental Health Advocate is an independent state agency that provides free legal, investigative, and advocacy services to individuals to prevent inappropriate admissions to psychiatric facilities, and to protect the rights of people in mental health and inpatient substance abuse treatment.
57 Howard Avenue, Cranston, RI 02920 | 401-462-2003
1-800-346-2282

WellOne-Primary Medical and Dental Care provide help to older adults coping with issues such as depression, substance abuse, anxiety, and relationships. Accepts most insurance plans, including Medicaid. Sliding fee scale program.
Foster, 142A Danielson Pike, Foster, RI 02825
401-647-3702 | www.welloneri.org

North Kingstown, 308 Callahan Road, North Kingstown, RI 02852 | 401-295-9706 | www.welloneri.org

Pascoag, 36 Bridge Way, Pascoag, RI 02859
401-567-0800 | www.welloneri.org

Scituate, 35 Village Plaza Way, Scituate, RI 02857
401-647-6262 | www.welloneri.org

PENSION ASSISTANCE PROGRAMS

For many older adults, pensions are a significant part of their retirement income. Pensions, Social Security benefits, savings, and investments all contribute to financial security in the post-employment world. With the shifting of pensions from defined benefits to 401 (k), 403 (b), and other plans, company mergers, business bankruptcies, and the introduction of hybrid pension plans, it can be difficult to determine if you are entitled to a benefit, what that benefit is, and how to apply for benefits.

The New England Pension Assistance Project (NEPAP) is affiliated with the Gerontology Institute at the University of Massachusetts in Boston, offers free pension counseling services to Rhode Islanders to help them find lost pensions, correct pension errors, and answer questions about pension laws. The service can include tracing pension benefits from companies that have been merged or have gone bankrupt, researching, and filing for spousal or survival benefits, and answering pension eligibility questions.
1-888-420-6550 | www.pensionhelp.org

PHYSICIAN REFERRAL

The Rhode Island Medical Society provides information to people looking for a physician.
235 Promenade Street, Suite 500, Providence, RI 02908
401-331-3207 | www.rimedicalsociety.org

The Rhode Island Family Health Care Guide provides information on healthcare issues, such as child immunizations, nutrition and wellness, health insurance, women's health, and information on the state's network of hospitals.
www.rifamilyguide.com

Several of the state's hospitals also have physician referral services. Contact the hospital of your choice to inquire about these services.

SENIOR CENTERS / SENIOR SERVICES

Senior centers offer volunteer opportunities, recreation, group activities, counseling, information and referral, continuing education, and other support services for older adults. Most provide hot lunches, outreach, transportation, and health services.

Peck Center for Adult Enrichment - The mission of the Barrington Peck Center for Adult Enrichment is to provide opportunities for: social and recreational activities, personal enrichment, wellness, advocacy, volunteerism, Information and referral, lunchtime meals, and transportation.
281 County Road Barrington, RI 02806
401-247-1900 Ext. 201
https://www.barrington.ri.gov/404/The-Peck-Center-for-Adult Enrichment

Block Island: Senior Services offering activities, educational sessions, Friends in Service Helping, library activities, lunchtime meals, off-island programs, social services and transportation services.**401-644-7078**
https://newshorehamri.gov/323/Senior-Services

Bristol: Benjamin Church Center - A centralized location for our seniors to connect with their peers and stay engaged in active living. Services include meals, transportation, resources, and needs assessment.
1020 Hope Street, Bristol, RI 02809
401-253-8458 | https://www.bristolseniorcenter.com/

Burrillville Senior Services – wide ranging services from heating and prescription assistance to transportation and property tax relief.
105 Harrisville Main St. Harrisville, RI 02830
401-710-7429 | www.burrillville.org/senior-services

Charlestown Senior Center - Providing senior programs and activities including fitness and wellness programs, meal programs, and in-home vaccine requests
100 Park Lanen, Charlestown, RI 02813
401-364-9955 | www.charlestownri.gov/senior-community-center

Coventry Senior Center - offering comprehensive services to all residents of the town of Coventry, including lunchtime meals and transportation services. **50 Wood Street, Coventry, RI 02816**
401-822-9175 | www.coventryri.gov/human-services

Cranston Senior Center - offering classes, clubs, dance, exercise, and lectures including lunchtime meal and transportation services. **1070 Cranston Street, Cranston, RI, 02920 | 401-780-6000 |** https://cranstonseniorcenter.com/

Cumberland Senior Center a caring center committed to providing an array of quality services to enrich & educate our senior citizens including lunchtime meals and transportation services. **1464 Diamond Hill Road #1, Cumberland, RI 02864 | 401-334-2555 |** www.cumberlandri.gov/242/senior-center

East Greenwich Senior Centers/Senior Services
Meal site, exercise classes, educational classes, recreational programs, transportation for East Greenwich residents.
121 Peirce Street, East Greenwich, RI 02818
401-886-8669 | www.wastgreenwichri,gov

East Providence: Robert E. Rock Senior Center serving individuals 55 years of age or older, or any age and disabled. It provides directly or makes arrangements for the provisions of the following services: outreach, information, referral, socialization, education, health services, transportation, volunteer opportunities, nutrition, fitness and recreation.
610 Waterman Avenue, East Providence, RI 02914
401-435-7800 | www.eastprovidenceri.gov/departments/senior-center

Foster: Foster Department of Social Services - assistance and resources to individuals and families in need that include food vouchers, utility and fuel assistance, medication assistance, emergency transportation, and emergency housing. **181 Howard Hill Road, Foster, RI 02825**
401-392-9208 | https://townoffosterri.gov/223/Social-Services

Glocester Senior Center - lunch is served Monday through Friday at the Glocester Senior Center, 1210 Putnam Pike, Chepachet. You do not have to be a Glocester resident to attend. A donation of $3 is suggested and transportation services are available. **1210 Putnam Pike, Chepachet, RI 02814 | 401-567-4557**
|https://www.glocesterri.gov/departments.htm#senior

Hopkinton: Crandall House open daily to seniors for internet access, books and reading room, resource materials and coffee. A variety of informative workshops are held throughout the year in partnership with local and state agencies and lunchtime meal information is available. **188 Main Street, Ashaway, RI 02804 | 401-377-7795**
https://www.hopkintonri.gov/senior-services

Jamestown Senior Center provides a broad base of social, health, wellness and learning programs to its residents 55+. The Town of Jamestown encourages engagement in its programs and provides affordable access to support aging in our community. Transportation is provided for specific programs. **401-423-9806**

Senior Meal Sites
The Jamestown Senior Center offers full-service luncheons Monday-Friday for a suggested donation of $3.00. Hot meals are served in-house from 11:30am-12:30pm. Grab & Go cold sandwiches are available for pick-up during meal site hours. **The menu can be found at** www.jamestownri.gov **or in the Jamestown Press .To order a meal please call us at 401-423-2658.**

Contact Information:
Senior Services Program Assistant
Eileen Donnelly | 401-423-9806 | edonnelly@jamestownri.net

Senior Center Director: Molly Rose 401 423-9804
mconlon@jamestownri.net

Meal Site Supervisor Joanne Walsh-Arouth
6 West Street, Jamestown, RI 02835
401-423-2658 | www.jamestownri.gov

Johnston Senior Center promotes the physical, intellectual, emotional, social, economic and spiritual well-being of older adults and those with disabilities. We will promote their participation in all aspects of community life by providing opportunities for socialization, recreation, nutrition, education, information and referral, volunteerism, health & fitness, and all aspects of social services including lunchtime meal service and transportation services. **1291 Hartford Avenue, Johnston, RI 02919 | 401-944-3343 |** https://jscri.org/

Lincoln Senior Center provides a concentrated network of services, resources , activities, and social/community contacts for the elder population of our service area including lunchtime meal service. **150 Jenckes Hill Road, Lincoln, RI 401-753-7000 |** https://www.lincolnri.gov/199/The-Center-for-Seniors

Middletown Senior Center committed to enriching the lives of older adults by empowering SELF-CONFIDENCE and encouraging INDEPENDENCE. We offer a very active calendar full of a variety of programs and events including lunchtime meal service.

401-849-8823

https://www.middletownri.gov/291/Senior-Center

Narragansett Senior Association is a non-profit association collaborating with the Senior Coordinator for the Department of Parks & Recreation to develop and implement programs for our senior population including lunchtime meal and transportation services. **If you are interested in becoming a member please call: 401-788-2564. Yearly dues: $10.00**

53 Mumford Road, Narragansett, RI 02882

https://www.narragansettri.gov/454/Narragansett-Senior-Association

Edward King House serves as a vital resource hub for adults aged 50 and above in Newport County. Established in 1969, the center offers a wide array of enrichment programs—over 94 annually—that support adult learning, independent living, and an enhanced quality of life. These programs encompass health and wellness, arts and culture, and are available both in-person and virtually, catering to the diverse interests and needs of the older adult community.

35 King Street, Newport, RI 02840

401-846-7426 | http://www.edwardkinghouse.org/

Dr. Martin Luther King, Jr. Community Center providing a range of services and programs for individuals across the life span. **20 Dr Marcus Wheatland Blvd, Newport, RI 02840 401-846-4828 |** https://www.mlkcenter.org/

North Kingstown Senior Center dedicated to enhancing the social, recreational and educational opportunities for all North Kingstown seniors. **44 Beach Street, North Kingstown, RI 02852 | 401-268-1590**
https://www.northkingstownri.gov/534/Senior-and-Human-Services

North Providence: Salvatore Mancini Center promoting healthy aging, independence and the well-being of older adults through health, wellness, educational, cultural and recreational programs and services, including Monday and Friday lunchtime meal services. **2 Atlantic Boulevard, North Providence, RI 02904 | 401-231-0742**
https://mancinicenter.com/

Leon A. Mathieu Senior Center a leading resource for information providing programs and benefits to older adults 60 and older, including lunchtime meal and transportation services. The Senior Center also provides health and wellness activities to people aged 55 and over. **420 Main Street, Pawtucket, RI 02860 | 401-728-7582**
https://pawtucketri.gov/senior-center/

Progresso Latino helping Rhode Island's Latino and immigrant communities to achieve greater self-sufficiency and socio-economic progress by providing transformational programs that support personal growth and social change. Services and programs include adult education, domestic violence assistance, health and wellness, a food pantry and more. **626 Broad Street, Central Falls, RI 02863 401-728-5920**

DaVinci Community Center provides daily meal programs, special events and field trips, caregiver resources, physical recreation and fitness, outreach and basic computer skills classes. **470 Charles Street, Providence, RI 02904 401-272-7474 |** https://www.davincicenter.org/senior-services/

Center for Southeast Asians promoting the prosperity, heritage and leadership of Southeast Asians in Rhode Island through advocacy, case management, community outreach food pantry services, Meals on Wheels, Supplemental Nutrition Assistance (SNAP) outreach and benefit assistance, and more. **270 Elmwood Ave. Providence, RI 02907 | 401-274-8811** https://cseari.org/

Elmwood Community Center
807 Broad Street Providence, RI 02907 | 401-654-4960
https://rec.providenceri.gov/location/elmwoodcommunitycenter/

Federal Hill House Association offers food pantry, volunteer income tax assistance, daily meals (Tuesday and Thursday only) & activities and a foster grandparent program.
9 Courtland Street, Providence, RI 02903 | 401-421-4722
www.federalhillhouse.org

Fox Point Senior Center provides health, educational and recreational and physical activities; hot meals; information and referral; outreach services; interpretation services.
90 Ives Street, Providence, RI 02906 | 401-751-2217
https://foxpointseniors203.bravesites.com/

Hamilton House is a 501 (c)-(3) nonprofit organization, offering a diverse range of educational, creative, and social activities. Members enjoy opportunities for lifelong learning and personal enrichment in a welcoming and engaging community.
401-831-1800 | https://www.historichamilton.org

Higher Ground International a community-based organization. We work with immigrant families and individuals from many backgrounds through the Sweetie Care program, family support, education, food distribution, and health services. **401-270-3582**

Jewish Alliance of Greater Rhode Island discover opportunities to connect, stay active, build friendships, and be part of something bigger. **401 Elmgrove Avenue, Providence, RI 02906 | 401-421-4111 |** https://www.jewishallianceri.org/

Lillian Feinstein Senior Center dedicated to increasing the health and wellness of our senior citizens. Call to inquire about meal and transportation assistance.
1085 Chalkstone Avenue, Providence, RI 02908
401-455-3888
https://www.capcitycommunitycenter.org/lillian-feinstein-senior-center

Silver Lake Center Deaf/hearing- impaired seniors meet Tuesdays from 9:00 a.m. to 3:00 p.m. Emergency food pantry for silver lake residents M-F 9:00 am – 12:00 pm
529 Plainfield Street, Providence, RI 02909 | 401- 519-9488
https://silverlakecommunitycenter.org/

St. Martin de Porres Center one of nine agencies throughout Rhode Island which work in partnership with The ADRC, Rhode Island's Aging and Disability Resource Center. St. Martin's provides this service for all of Providence and includes lunchtime meal service and coordinated transportation services. **160 Cranston Street, Providence, RI 02907**
401-274-6783 | https://www.dioceseofprovidence.org/st-martin-de-porres-center

Washington Park Center is a multipurpose human service agency, offering a variety of programs and social services to the local community including meal service and coordinated transportation services. **42 Jillson Street, Providence, RI 02905 | 401-461-6650 | https://washparkcc.org/**

Portsmouth Senior Center offers community, activities & connections that reflect experience & skills, support independence, encourage involvement & respond to diverse needs & interests. **110 Bristol Ferry Road, Portsmouth, RI 02871 | 401-683-4106**
https://www.facebook.com/portsmouthseniorcenter/

Richmond Adult Center offers a wide variety of activities, clubs, and classes for all to enjoy. Activities include crafts, exercise classes, quilting, mystery lunch trips, book and puzzle clubs, card games, seasonal celebrations and more. **1168 Main Street 2nd floor, Wyoming, RI 02898**
401-491-9404 | https://www.richmondri.gov/176/Community-Senior-Center

Scituate Senior Center serving lunch Monday – Friday. Contact the Chopmist Hill Inn for more details. **1315 Chopmist Hill Road, North Scituate, RI 02857 | 401-647-2662**
https://www.scituateri.gov/departments/senior_services/

Smithfield Senior Center is a source and resource for individuals seeking information on all aspects of senior services, including meal and transportation services. **1 William J Hawkins Jr Trail, Greenville, RI 02828. | 401-949-4590**
https://www.smithfieldri.gov/departments/senior-center

South Kingstown Senior Center provides adult day services, nutrition programs, transportation services, activities and more. **25 St Dominic Road, Wakefield, RI 02879 | 401-789-0268**
https://www.southkingstownri.gov/230/Senior-Services

Tiverton Senior Center assists all citizens in the community who are 55 or older or receive Social Security Disability income, in the areas of socialization, education, recreation, nutrition and various health, exercise and informational services that will help improve their quality of life. **207 Canonicus Street, Tiverton, RI 02878 | 401-625-6790**
https://www.tiverton.ri.gov/214/Senior-Center

Warren Senior Center dedicated to Enhancing the Lives of our Older Adults with wide ranging programs including meal and transportation services. **20 Libby Lane, Warren, RI 02885 401-247-1930**
www.townofwarren-ri.gov/departments/senior_center.php

Warwick: Pilgrim Senior Center provides wide range of services such as quality meals, health seminars, socialization, exercise programs, reliable transportation, and other engaging activities. **27 Pilgrim Parkway, Warwick, RI 02888 401-468-4090 |** https://www.warwickri.gov/427/Senior-Services

West Warwick Senior Center promotes the independence and well-being of our senior citizens and provide services to maintain or improve their quality of life. Programs include meal and transportation services. **145 Washington Street, West Warwick, RI 02893 | 401-822-4450**
https://westwarwickseniorcenter.com/

Westerly Senior Center committed to serving all of the seniors in the Westerly area, whether or not they are members. The Center is a wonderful place to make new friends, enjoy a delicious hot meal, learn new skills, take a day trip, volunteer, and / or partake of the wide variety of activities offered.
39 State Street, Westerly, RI 02891 | 401-596-2404
https://www.westerlyseniorcenter.org/

Woonsocket: Aging Well Inc is a welcoming place for older adults in Woonsocket, Rhode Island. Activities every weekday, a lunch with hot and cold choices, exercise, the best bingo in town, and good company since 1974. **84 Social Street, Woonsocket, RI 02895 | 401-766-3734**
https://agingwellinc.org/

Four Winds Community Center, Narragansett Indian Tribe offers a wide range of services and programs for the Tribal Nation. **401-364-1100 |** https://narragansettindiannation.org/

Senior Center Month is observed in September. The celebration recognizes these community centers for their vital role in assisting and supporting older adults, adults with disabilities, families, and caregivers, by helping them access programs and services that preserve their independence and maintain their dignity.

SENIOR COMPANION PROGRAM

The AmeriCorps Senior Companion Program (SCP) trains volunteers to serve isolated older adults in their own homes, adult day centers, and other community sites. Volunteers must be 55 or older and must meet specified income limits. Volunteers receive a tax-free stipend and other benefits while serving clients an average of 20 hours weekly. Senior Companions visit with almost 500 elders weekly. Over the course of more than 40 years of service to Rhode Island's elders, volunteers have dedicated more than one million hours of friendship, compassion, and one-to-one human contact to those in need of a helping hand, socialization, and companionship.

401-462-0569 | www.oha.ri.gov

SENIOR/DISABILITY EMPLOYMENT PROGRAMS

Goodwill Industries of Southern New England is a comprehensive education and employment center serving the needs of people with disabilities and other barriers to employment. Services include vocational evaluations, computer training, job development and placement, and job coaching services.

203-777-2000 | www.goodwillri.org

The Office of Rehabilitation Services-Vocational Rehabilitation helps individuals with disabilities to choose, prepare for, obtain, and maintain employment.

40 Fountain Street, Providence, RI 02903,

401-421-7005 | www.ors.ri.gov

SER-Jobs for Progress, Inc. (SER) provides job training and job search support to low-income Rhode Islanders, aged 55 and older. People learn new work skills while they train at non-profit agencies. Funded by the US Department of Labor through SER Jobs for Progress National, Inc. and through the RI Department of Labor and Training] to operate the Senior Community Service Employment Program (SCSEP) of Rhode Island. **100 East Avenue, Pawtucket, RI 02860**
401-724-1820 | www.ser-ri.org

SOCIAL SECURITY

The Social Security Administration is the primary source of information for Social Security, Supplemental Security Income (SSI), and Medicare enrollment. These offices accept walk-ins for applying for Social Security, Supplemental Security Income (SSI), and provides Medicare information, and Medicare enrollment services. You can call ahead for an appointment, which will reduce your waiting time in the office. Many Social Security services can now be accessed online at www.ssa.gov by creating a personalized My Social Security account.

Newport
130 Bellevue Avenue First Floor – 866-253-5607
Newport, Rhode Island 02840

Pawtucket – 866-931-7079
4 Pleasant St Pawtucket, RI 02860
Office Type: Field Office

Providence – 877-583-4082
155 Westminster Street Providence, RI 02903
Office Type: Field Office

Warwick – 866-964-2038
30 Quaker Lane Warwick, RI 02886

Diocese of Providence - 401-278-4500

East Bay Community Action Agency - 401-435-7876 Bristol, Barrington, East Providence, Warren, Pawtucket, Central Falls

Child & Family Services of Newport County
Newport, Middletown, Portsmouth, Tiverton, Jamestown, Little Compton 401-849-2300 | RI SHIP Line 1-888-884-8721

Woonsocket 2168 Diamond Hill Road Pavilion Plaza
Woonsocket, RI 02895
Office Type: Field Office 877-229-3542

Applications for **Social Security Disability Income (SSDI)** are taken at the Rhode Island Office of Rehabilitation Services. The agency administers the Disability Determination Services program for the Social Security Administration and determines medical eligibility of individuals with disabilities applying for cash benefits. **40 Fountain Street, Providence, RI 02903. 401-421-7005** | www.ors.ri.gov

Bridge Fund (GPA-Bridge)
Couples or individuals pending a decision on an SSI application may be eligible for GPA-Bridge. GPA-Bridge provides a small, $200 cash payment, to individuals unable to work due to disability, who are not eligible for SSDI and have very low incomes. **Learn more at:** www.dhs.ri.gov/programs-and-services/general-public-assistance

The GPA program also funds funeral and burial services for GPA recipients and qualified individuals. The cost of burial services is limited to $900 and is reduced based on the income and resources of the deceased and any legally liable relatives.

For more information call 1-855-697-4347

Supplemental Security Income (SSI) provides cash payments to qualified persons 65 and older, blind, or adults with disabilities. SSI recipients are eligible for medical assistance, homemaker, and other services, such as hearing aids, discounts on telephone and electric bills, and the assistance of a social worker. Apply for SSI at your local Social Security office, as listed in this guide.

SSI Federal Limits for 2025

Income Limits (Maximum Federal Monthly Payment)

Individual: $967/month

Couple (both eligible): $1,450/month

These represent the highest federal payments someone can get, but actual benefits are reduced based on your *countable* income.

Resource (Asset) Limits

Individual: $2,000 in countable resources

Couple: $3,000 in countable resources

Certain items are excluded when SSA counts your resources—like your primary home, one vehicle, household items, and some life insurance—so those don't impact eligibility

1-800-772-1213 | www.ssa.gov

TAX ASSISTANCE

Many Rhode Island cities and towns may offer property tax abatements to residents who meet certain requirements. Call your city or town hall.

For information regarding federal taxes, contact the **Internal Revenue Service**
380 Westminster Street, Providence, RI 02903
1-800-829-1040 (Voice/TTY)
Forms:1-844-545-5640 | www.irs.gov

The Rhode Island Property Tax Relief Program (Form RI1040H) must be filed with the Division of Taxation between January 1 and April 15. State resident homeowners and renters, who live in a dwelling that is subject to property tax, may qualify for a rebate.

For information regarding state taxes, contact the Rhode Island Division of Taxation
One Capitol Hill, Providence, RI 02904
401-574-8829 | Forms: 401-574-8970 | www.tax.state.ri.us

TRANSPORTATION

The Rhode Island Public Transit Authority (RIPTA) offers people who are low-income and either have a disability or are age 65+ the opportunity to apply for a RIPTA No Fare Photo ID smart card. These cards enable passengers to ride free of charge on fixed-route buses and Flex shuttles for two years. All others aged 65+ or with a disability pay full fare between 7:00 AM to 9:00 AM and 3:00 PM to 6:00 PM on weekdays, and pay half-price at all other times, with the presentation of a RIPTA Reduced Fare Photo ID smart card or a Medicare ID card.
401-781-9400 | www.ripta.com

RIde Paratransit Program may be eligible for an individual if they have a disability that prevents them from using regular RIPTA fixed-route bus service. The service is provided within a 3/4-mile corridor on either side of an existing RIPTA bus route at a fare of $4 per each one-way trip.
401-461-9760. 711 (Relay RI) | www.ripta.com/Ride

Friends in Service to Humanity (FISH) provides rides for dental, medical, and social service appointments for residents of Exeter and North Kingstown.
401-295-1121 | www.northkingstown.org

Southern Rhode Island Volunteers provides transportation for older citizens for medical appointments, food access, errands supporting basic needs such as housing, banking, haircuts, and more for residents (55 years plus) of one of the 12 southernmost communities in Rhode Island. See the website or call to confirm communities served.
401-552-7661 | www.southernrivol.org

NOTE: Some cities and towns offer senior transportation for non-medical destinations. Call your local senior center, or city or town hall.

Non-emergency transportation (NEMT) services for Medicaid eligible individuals are available through Medicaid Participating Provider.

Non-Medicaid Elderly Transportation Program (ETP): MTM coordinates non-emergency transportation for individuals 60 and over who are not Medicaid eligible. ETP provides transportation to and from medical appointments, adult day care, meal sites, dialysis/cancer treatments and the Insight Program.

Contact MTM to schedule a trip, with 48-hour notice (two business days). 1-855-330-9131 | www.mtm-inc.net/rhode-island/

The Village Common of Rhode Island is a volunteer driven non-profit organization whose volunteers assist members with errands and appointment transportation across the state.

401-228-8683 | www.villagecommonri.org

TRI-CARE HEALTH INSURANCE

TRICARE is the health care program for active, National Guard and reserve service men and women, and their families. TRICARE is a major part of the Military Health System that combines the resources of military hospitals and clinics with civilian health care networks, provides access to high-quality health care, and supports military operations. TRICARE for Life offers secondary coverage to Medicare for all TRICARE beneficiaries who have both Medicare Parts A and B. TRI-CARE offers several plan options and special programs for our service members and their families. TRICARE is managed by the Defense Health Agency (DHA) under leadership of the Assistant Secretary of Defense (Health Affairs).

1-866-773-0404 | www.tricare.mil

VETERAN PROGRAMS

The Rhode Island Office of Veterans Services provides many services for Rhode Island veterans and their families. These services include benefits counseling, referral to community support services, services for homeless veterans, burial services at the Rhode Island Veterans Cemetery in Exeter, and Long term care services at the Rhode Island Veterans Home

560 Jefferson Blvd., Warwick, RI 02886,
401-921-2119 | www.vets.ri.gov

The VA Health Care System Middletown Community Based Out- patient Clinic provides comprehensive primary healthcare to veterans residing in Newport, Bristol, and Washington counties.

One Corporate Place, Middletown RI 02842
401-847-6239 | www.providence.va.gov

Operation Stand Down Rhode Island serves homeless and disabled veterans. Assistance includes social services, counseling, and emergency and permanent housing.

1010 Hartford Avenue, Johnston 02919
401-383-4730 | www.osdri.org

Veterans, Inc. provides supportive services to Veterans and their families, including case management, job training and employment services, health and wellness, transportation and legal advice. **860 Waterman Avenue, Suite 6, East Providence, RI 02914**
800-482-2565 | www.veteransinc.org

VA Crisis Hotline offers 24/7 confidential crisis support for Veterans and their loved ones. You don't have to be enrolled in VA benefits or health care to connect. **Dial 988 then press 1Text to 838255**

The Providence Regional Office of the Veterans Benefits Administration is responsible for the management of most non-medical benefits provided by the Veterans Benefits Administration, including compensation, pensions, vocational rehabilitation, and counseling. The office coordinates the local benefit activities associated with education, home loan guarantees, and veterans' life insurance.
380 Westminster Street, Providence, RI 02903,
1-800-827-1000 | www.va.gov

The Providence Veterans Administration Medical Center provides comprehensive outpatient and inpatient healthcare to veterans residing in Rhode Island and southeastern Massachusetts.

830 Chalkstone Avenue, Providence, RI 02908,
401-273-7100 | 1-866-363-4486 | www.providence.va.gov

The Rhode Island Veterans Home provides quality nursing and residential care to Rhode Island war veterans in need. Social, medical, nursing, and rehabilitative ser- vices are also provided to veterans, their survivors, and/or dependents.
480 Metacom Avenue, Bristol, RI 02809
401-253-8000 | www.vets.ri.gov

The Providence Vet Center offers information on wellness programs, health care services, hospitalization, substance abuse and addiction treatment, and other support programs. The Center also provides readjustment counseling and outreach services to all veterans who served in a combat zone. Bereavement counseling and counseling for harassment is available. Family members and/or significant others are eligible for support regarding military-related issues. There is no cost to the veteran or family for these services. **2038 Post Road, Warwick, RI 02889**

The office also hosts the Center for Women Veterans, the Homeless Assistance Program and other initiatives, to improve the quality of life for those who have served in the armed forces.

Donated Dental program offers free or reduced cost dental services to income-eligible seniors.

866-572- 9390 | 401-821-8656
https://www.thundermisthealth.org/

Applicants must meet *ONE* of the following criteria:

- Over 60 years of age,
- Permanently or temporarily disabled,
- Need medically necessary dental care,
- Frequent or recurring dental infections

What to expect?
Volunteers provide comprehensive treatment to eligible patients. They do not provide emergency services and they do not provide cosmetic treatment

If you have documentation from a physician stating that you cannot receive essential medical treatment due to your dental condition, you can apply for the program.

Veterans who meet the qualifications above may apply to the program.
1-739-0167 | www.va.gov

VOLUNTEER PROGRAMS

In addition to the volunteer opportunities within OHA as listed in separate headings in the manual, below are additional volunteer opportunities:

Foster Grandparent Program of Rhode Island volunteers serve children in residential and community settings, such as schools, day care centers, and hospitals.

East Bay Foster Grandparent Program,
610 Waterman Avenue, East Providence RI 02914
401-435-7876 | www.eastbayrsvp.org

Foster Grandparent Program of Rhode Island
145 Washington Street West Warwick, RI 02893
401-822-4450 | www.westwarwickri.org

Providence Foster Grandparent Program
9 Courtland St, Providence, RI 02909
401-421-4722 | www.federalhillhouse.org

SCORE Counselors to America's Small Businesses is a non-profit organization of active and retired business executives that offers free, confidential advice for persons who are starting or operating a small business.

380 Westminster St., Providence, RI 02903,
401-528-4561 | www.score.org

Southern Rhode Island Volunteers,
Provides volunteer services, supports aging in place for older citizens and is the Washington County and surrounding area Retired Senior Volunteer Program for all older adults 55 plus years of age.

PO Box 1047, 100 Park Lane, Ninigret Park, Charlestown, RI 02813 | 401-552-7661 | www.southernrivol.org

The Village Common of Rhode Island is a volunteer driven non-profit organization whose mission is to change the experience of growing older in RI by fostering the creation of communities of mutual support across the state.

45 Waterman Street, Providence, RI 02906,
401-228-8683 | www.villagecommonri.org

The Visitor Program provides companionship and friendly support to homebound elderly people across the state. Volunteers visit to read, write letters, and to chat with people who are homebound and need social contact. The program welcomes older adults who wish to volunteer their time for a few hours each week. Homebound seniors may also call to find out about connecting with a visitor.

One Cathedral Square, Providence, RI 02903
401-228-8683 | www.dioceseofprovidence.org

The Retired Senior Volunteer Program (RSVP) provides opportunities for persons 55 years and older to utilize their enthusiasm, skills, and experience in a volunteer capacity. For information, call these agencies:

Blackstone Valley RSVP
32 Goff Avenue, Pawtucket RI 0286
401-723-4520, X 275 | www.bvcap.org

Capitol Region RSVP
9 Courtland Street, Providence RI, 02909
401-421-1095 | www.capitolregionrsvp.org

Cranston RSVP
1070 Cranston Street, Cranston, RI 02920
401-780-6180 | www.cranstonri.com

East Bay RSVP
610 Waterman Avenue, East Providence RI 02914
401-435-7876 X1137 | www.eastbayrsvp.org

Westbay RSVP: 224 Buttonwoods Avenue, Warwick
401-732-4660, X354 | www.westbaycap.org

RSVP of Northern Rhode Island
300 Cumberland Street, Suite 300, Woonsocket RI 02895
401-766-3734

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CORRECTIONS:
Corrections can be made in writing to:
RI Office of Healthy Aging
25 Howard Avenue
Louis Pasteur Building-2nd Floor
Cranston, RI 02920
Corrections can also be submitted by email to
oha.feedback@oha.ri.gov.

PLEASE NOTE: All information provided by state agencies and community partners is assumed to be correct and accurate as of May 1, 2025. Please call the appropriate agency to verify accuracy as information and guidelines can change.


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HealthyAging
A State of Caring
OHA.RI.GOV